

Purchase Area  
Agency on Aging  
& Independent Living

**2025 Resource Directory**



**Do you have questions?  
We have answers.  
Call us today.  
270-247-9426**

*Purchase Area Agency on Aging & Independent Living*  
**Aging & Disabilities Resource Center**  
*Preserving the dignity, self-respect, and independence of the individuals we serve.*

If you have questions about services for the elderly or individuals with disabilities, we can help. Since 1974, and the establishment of the Older American's Act, the Purchase Area Agency on Aging & Independent Living (AAAIL) has provided regional planning and administration of human service programs for the elderly and individuals with disabilities. The services delivered through our office, and a network of partner agencies, provide answers, advocacy, and action.



**ANSWERS. ADVOCACY. ACTION.**

Purchase Area Development District  
Area Agency on Aging & Independent Living  
1002 Medical Drive, Mayfield, KY 42066  
Phone: 270-247-9426  
Toll-Free: 1 (800) 866-4213

*Funded, in part, under a contract with the Kentucky Cabinet for Health and Family Services, Dept for Aging and Independent Living with funds from the Administration on Aging of the US Dept of Health and Human Services.*

# Table of Contents

Area Agency on Aging & Independent Living.....	4
Adult Day Care Centers.....	7
Adult Protection Services .....	8
Assisted-Living Facilities .....	9
Clinics.....	10
County Health Departments .....	13
Disability Services .....	14
Employment & Education Services .....	18
Family Support Benefits and Insurance.....	21
Food Pantries .....	24
General Assistance & Community Action Agencies.....	28
Group, Personal Care, and Family Care Homes .....	33
Home Health Agencies .....	34
Hospice and Palliative Care .....	35
Hospitals.....	36
Housing .....	37
In-Home, Non-Medical Services.....	39
Local Government Offices .....	41
Long-Term Care Nursing Facilities .....	42
Medical Equipment.....	43
Mental Health Agencies.....	46
Senior Citizen Centers .....	48
Specialized Services .....	49
Support Groups .....	51
Transportation – Public Transit.....	53
Veteran Services .....	55
Index of Agencies and Organizations by Facility Location.....	56

*We have made every effort to include all of the agencies and organizations that serve senior citizens and individuals with disabilities in the Purchase Region. If we have omitted someone or made a mistake, the responsibility is ours. Please call the Area Agency on Aging & Independent Living at 270-247-9426, so that we can correct the mistake in future publications. Thanks!*

# **Area Agency on Aging & Independent Living**

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## **Ballard County Members**

Betty Sue Wright  
Peggy Meriedeth

## **Calloway County Members**

Ruth Daughaday  
Stacey Orr  
Shirley Robinson

## **Carlisle County Members**

Nancy Henley

## **Fulton County Members**

Lindsay Frazier Adams

## **Graves County Members**

Ann Mitchell  
Elnora Shelby

## **Hickman County Members**

Phyllis Campbell

## **Marshall County Members**

Ron Welch  
Jennifer Bowlin  
Jennifer Lindsey

## **McCracken County Members**

Rhoni Lowery  
Dee Felts  
Joshua Morehead

Since 1974, and the establishment of the Older American's Act, the Purchase Area Agency on Aging & Independent Living (AAAIL) has provided regional planning and administration of human service programs for the elderly and individuals with disabilities. The services delivered through our office, and a network of partner agencies, provide answers, advocacy, and action. The AAAIL preserves the dignity, self-respect, and independence of the individuals we serve.

AAAIL programs are funded by the Commonwealth of Kentucky through the Cabinet for Health and Family Services, Department for Aging and Independent Living, and by the US Department of Health and Human Services under the Older American's Act. Other funds are provided from Medicaid Waiver, Department of Labor, the Nutrition Service Incentive Program, and the Centers for Medicare and Medicaid Services. Local funds are also provided to support these programs.

## **AREA AGENCY ON AGING AND INDEPENDENT LIVING**

Purchase Area Development District  
1002 Medical Drive  
PO Box 588  
Mayfield, KY 42066  
270-247-7171

Toll-Free: 1(800) 866-4213  
Monday – Friday 8:00 AM – 4:30 PM

Jeremy Buchanan, Director

# **Area Agency on Aging & Independent Living**

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## **Aging & Disabilities Resource Center**

An information and referral source for one-stop shopping for aging and disability programs and services available for all age groups.

## **Alzheimer's Disease Respite Program**

In-home respite care for persons of any age, with Alzheimer's or a related disorder.

## **Participant Directed Services (PDS)**

A program for Medicaid Waiver eligible consumers of any age who choose to direct their own care. Allows flexibility in who and when services are provided.

## **Elder Abuse Prevention**

Education to increase public awareness of elder abuse, neglect, exploitation, and its prevention.

## **Family Caregiver Support Program**

Services include information, assistance, caregiver counseling, training, support groups, respite care, and supplemental services assisting the following: (1) the caregiver of any age caring for an elderly person ages 60 or older; (2) seniors aged 60 or older who are caregivers to relative children under the age of 19; and, (3) seniors aged 60 or older providing care to their children who are under the age of 19 years, with diagnosed mental retardation or developmental disabilities.

## **Kentucky Health Benefit Exchange**

You can qualify for help to pay health insurance costs, based on income. You can also apply for programs like Medicaid and the Kentucky Children's Health Insurance Program. Employers with 25 or fewer full-time equivalent employees may be eligible for tax credits.

## **Kentucky Caregiver Support Program**

Assistance to grandparent caregivers of any age, who provide primary care or a grandchild 17 years old or younger, who meet eligibility requirements.

## **Kentucky Homecare Program**

Each client receives a care plan that is implemented to provide appropriate, comprehensive, and timely services. Services do not replace medical care but are designed to help meet the needs of daily living.

*Assessment*

*Home-Delivered Meals*

*Case Management*

*Home Repair*

*Homemaker Services*

*Personal Care Services*

*Respite*

*Escort Services*

## **Long-Term Care Ombudsman**

A service designed to receive, investigate, and resolve complaints on behalf of residents in long-term care facilities.

## **State Health Insurance Assistance**

Provides unbiased, one-on-one assistance with Medicare, Medicaid, and other public/private benefit programs.

# **Area Agency on Aging & Independent Living**

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## **Title III: Older American's Act**

Title III of the Older American's Act provides programs such as supportive services, legal assistance, congregate and home-delivered meals, health promotion, and caregiving services to assist citizens aged 60 or older.

- Supportive Services are provided through Senior Citizen Centers located in each county and serve as a focal point for information, services, and advocacy for seniors, as well as, a wide range of recreational, social, and volunteer opportunities.
- Legal Services provides counseling and/or assistance on legal matters, legal advocacy, legal education, advice in civil matters, and/or representation before some administrative board or judicial body.
- Nutrition Services program provides congregate and home-delivered noon meals prepared and delivered throughout the region. Each county's senior center has the contract to provide meals in that county.
- Health Promotion Services provides education and assistance in the health promotion areas related to Mental Health and Medication Management.

# Adult Day Care Centers

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Provides therapeutic activities to older persons who require personal supervision for mental, physical, and/or emotional reasons. Provides respite for caregivers. Daily schedules include recreational, social, leisure activities, nutrition, and personal care services. Eligible participants may be paid by Medicaid, Private Pay, or by State Program with donations accepted.

## **Easter Seals Adult Day Services**

2229 Mildred Street

Paducah, KY 42001

270-443-1200

Open: Monday – Friday,

6:30 AM – 5:30 PM

## **Generations Adult Day Services**

3380 KY-121 North

Murray, KY 42071

270-247-1311

Open: Monday – Thursday,

8:00 AM – 4:00 PM

# Adult Protection Services

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## Kentucky Department of Community Based Services Adult Protective Services

Investigates cases of physical abuse, neglect, exploitation, and spouse abuse.

**STATEWIDE HOTLINE: 1-800-752-6200**

### **BALLARD COUNTY**

117 North 4th Street  
Wickliffe, KY 42087  
270-335-5173

### **GRAVES COUNTY**

351 Charles Drive  
Mayfield, KY 42066  
270-247-4711

### **CALLOWAY COUNTY**

3415 US Hwy 641 North  
Murray, KY 42071  
270-753-5362

### **HICKMAN COUNTY**

343 Moss Avenue  
Clinton, KY 42031  
270-653-4335

### **CARLISLE COUNTY**

178 US Hwy 51 North, Suite A  
Bardwell, KY 42023  
270-628-3434

### **MARSHALL COUNTY**

211 East 7th Street  
Benton, KY 42025  
270-527-1354

### **FULTON COUNTY**

601 Stephen Beale Drive, Suite 1  
Fulton, KY 42041  
270-472-1850

### **McCRACKEN COUNTY**

2855 Jackson Street, Suite 1  
Paducah, KY 42001  
270-575-7105



# Assisted-Living Facilities

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Assisted living facilities provide private apartments, nutritional meals, housekeeping and laundry services. Furthermore, the facilities also allow for medication supervision, personal care assistance, scheduled transportation, and 24-hour security.

## **CALLOWAY COUNTY**

### **Brookdale Murray**

905 Glendale Road  
Murray, KY 42071  
270-759-1555

*Assisted Living*

### **Charter Senior Living of Murray**

1169 Robertson Rd. South  
Murray, KY 42071  
270-638-6700

*Assisted Living*

## **GRAVES COUNTY**

### **Bungalows at Mayfield**

1517 West Broadway  
Mayfield, KY 42066  
270-251-0233

*Assisted Living*

### **Hickory Woods Senior Living**

84 Utterback Road  
Murray, KY 42071  
270-759-8700

*Assisted Living, Independent Living, & Memory Care*

### **Fern Terrace of Mayfield**

1227 US-45  
Mayfield, KY 42066  
270-247-3259

*Personal Care*

## **MARSHALL COUNTY**

### **Stilley House**

971 Birch Street  
Benton, KY 42025  
270-527-1700

*Assisted Living & Memory Care*

## **McCRACKEN COUNTY**

### **River Crest Place**

2121 New Holt Road  
Paducah, KY 42001  
270-554-6911

*Assisted Living*

### **Lakes of Paducah**

2265 Olivet Church Road  
Paducah, KY 42001  
270-366-0408

*Assisted Living, Independent Living, & Memory Care*

### **Charter Senior Living of Paducah**

2201 New Holt Road  
Paducah, KY 42001  
270-908-2201

*Personal Care & Memory Care*

### **Neighborhood at Paducah**

1700 Elmdale Road  
Paducah, KY 42003  
270-534-9173

*Assisted Living & Memory Care*

### **Gaither Suites at West Park**

4960 Village Square Drive  
Paducah, KY 42001  
270-442-3999

*Assisted Living & Personal Care*

### **Holiday Jackson Oaks**

2500 Marshall Avenue  
Paducah, KY 42003  
270-554-8122

*Independent Living*

# Clinics

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## **BALLARD COUNTY**

### **Premier Physical Therapy**

203 Kentucky Avenue  
Kevil, KY 42053  
270-462-8252

## **CALLOWAY COUNTY**

### **Atlas Physical Therapy**

308 North 12th Street  
Murray, KY 42071  
270-759-9500

### **H2 Health – Physical Therapy**

308 North 12<sup>th</sup> Street  
Murray, KY 42071  
270-759-9500

### **Imac Center of Murray**

1601 Hwy 121 N Bypass, Suite B  
Murray, KY 42071  
270-971-4344

### **Life House Care Center**

602 Poplar Street  
Murray, KY 42071  
270-753-0700

## **GRAVES COUNTY**

### **Atlas Physical Therapy**

1413 State Route 45 North  
Mayfield, KY 42066  
270-247-9500

### **Core Physical Therapy**

123 Kings Drive  
Mayfield, KY 42066  
270-727-5120

## **HICKMAN COUNTY**

### **Clinton Family Care**

351 Moss Drive  
Clinton, KY 42031  
270-653-4041

### **Jackson Purchase Primary Care**

**Clinton Clinic**  
106 West Clay Street  
Clinton, KY 42031  
270-653-0220

## **MARSHALL COUNTY**

### **Atlas Physical Therapy**

244 US Hwy 68 East  
Benton, KY 42025  
270-527-4322

### **Pro Physical Therapy**

302 US-68 West  
Benton, KY 42025  
270-252-7600

# Clinics

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## **McCRACKEN COUNTY**

### **Atlas Physical Therapy**

100 Kiana Court, Suite A  
Paducah, KY 42001  
270-443-0681

### **Baptist Health Physical Therapy**

115 Kiana Court  
Paducah, KY 42001  
270-534-1200

### **Core Physical Therapy**

2321 New Holt Road  
Paducah, KY 42001  
270-908-0294

### **Imac Regeneration Center of Paducah**

2725 James Sanders Boulevard  
Paducah, KY 42001  
270-554-5114

### **Kentucky Cancer Program**

412 Adams Street  
Paducah, KY 42003  
270-442-1310

### **Lourdes Urgent Care**

225 Medical Center Drive  
Paducah, KY 42001  
270-444-2250

### **LivWell Community Health Services - Heartland CARES, Inc**

*Primary care is provided to persons living with  
HIV/AIDS, support services are provided to  
clients and their families. Prevention education  
and testing are provided to clients, their families,  
and the community at large.*

1903 Broadway Street  
Paducah, KY 42001  
877-444-8183  
Monday – Friday 8:00 AM - 12:00 PM

### **Meals & Tolar Impairment Specialists**

150 Brett Chase, Suite B  
Paducah, KY 42003  
270-554-4820

# Clinics

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## KentuckyCare

KentuckyCare serves the residents of eight counties of the Purchase Region: Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Marshall, and McCracken. KentuckyCare is not a free clinic, but we can offer discounted rates so you and your family can receive the medical care you need. KentuckyCare's assistance programs can also help you obtain affordable prescription medications.

### **Ballard County Location**

120 North 4th Street  
Barlow, KY 42024  
270-334-3131

### **Calloway County Location**

312 South 8th Street  
Murray, KY 42071  
270-753-2395

### **Carlisle County Location**

75 East Court Street  
Bardwell, KY 42023  
270-628-3333

### **Fulton County Location**

2006 Holiday Lane  
Fulton, KY 42041  
270-413-1001

### **Graves County Location & Pharmacy**

110 Kings Drive  
Mayfield, KY 42066  
270-804-7710

### **Hickman County Location**

308 South Washington Street, Suite 200  
Clinton, KY 42031  
270-913-2478

### **McCracken County Locations**

#### **Paducah Main**

125 South 20<sup>th</sup> Street  
Paducah, KY 42001  
270-575-3247

#### **Paducah South**

3360 Wayne Sullivan Drive  
Paducah, KY 42003  
270-443-9474

#### **Pharmacy**

125 South 20th Street  
Paducah, KY 42001  
270-408-1584

# County Health Departments

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Health Departments in Kentucky provide a range of health care and health education/health promotion services for Seniors and those with a disability, including nutrition counseling, diabetes, and other chronic disease education, health screening, communicable disease investigation, and other services.

## **Ballard County Health Department**

198 Bluegrass Drive  
LaCenter, KY 42056  
270-665-5432

## **Graves County Health Department**

416 Central Avenue  
Mayfield, KY 42066  
270-247-3553

## **Calloway County Health Department**

602 Memory Lane  
Murray, KY 42071  
270-753-3381

## **Hickman County Health Department**

370 South Washington Street  
Clinton, KY 42031  
270-653-6110

## **Carlisle County Health Department**

62 John Roberts Drive  
Bardwell, KY 42023  
270-628-5431

## **Marshall County Health Department**

267 Slickback Road  
Benton, KY 42025  
270-527-1496

## **Fulton County Health Departments**

### **City of Fulton Location**

350 Browder Street  
Fulton, KY 42041  
270-472-1982

### **City of Hickman Location**

402 Troy Avenue  
Hickman, KY 42050  
270-236-2825

## **Purchase District Health Department**

916 Kentucky Avenue  
Paducah, KY 42003  
270-444-9631

# Disability Services

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## **Area Agency on Aging & Independent Living**

The Purchase Area Development District's Agency on Aging & Independent Living provides regional planning and administration of human service programs for the elderly and individuals with disabilities. Services delivered through our office, and a network of partner agencies, provide answers, advocacy, and action. The AAAIL preserves the dignity, self-respect, and independence of the individuals we serve.

1002 Medical Drive  
Mayfield, KY 42066  
270-247-9426  
Toll-Free: 1 (800) 866-4213

## **Aging and Disability Resource Center**

Have questions? We have answers. Finding the right services can be a daunting task for individuals and their family members. The goal of the Aging and Disability Resource Center is to streamline access to long-term services and support options for older adults and individuals with disabilities.

## **Participant Directed Services (PDS)**

Individuals currently receiving or individuals who might become eligible to receive waiver services from Medicaid's Acquired Brain Injury (ABI) Waiver, Acquired Brain Injury Long Term Care (BILTC) Waiver, Home and Community Based (HCB) Waiver, Michelle P. Waiver Services, Supports for Community Living (SCL) Waiver are eligible to participate in PDS for their non-medical services. PDS allows waiver-eligible members to choose a provider for their non-medical waiver services, allowing them greater freedom of choice, flexibility, and control over their supports and services.

## **Kentucky Homecare Program**

The Homecare Program provides supports and services for daily needs as well as coordination among caregivers and provider agencies to help adults at risk of institutional care remain in their own homes. Participants must be 60 or older and unable to perform two activities of daily living or three instrumental activities of daily living; be at risk of going to an institution; or be in an institution but able to return to a private home environment if needed services are provided.

## **Hamilton Relay**

This no-cost, 24-hour a day, every day service makes it possible for individuals who are deaf, hard-of-hearing, or have difficulty speaking to communicate over the telephone. Service options include TTY (Text Telephone), VCO (Voice Carry Over), HCO (Hearing Carry Over), STS (Speech-to-Speech), CapTel (Captioned Telephone), Voice, Spanish Relay, and RCC (Remote Conference Captioning).

**615-739-7990**

**Dial 711**

# Disability Services

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## Four Rivers Behavioral Health

Four Rivers Behavioral Health is a private, not-for-profit agency providing comprehensive, integrated mental health, substance abuse, and developmental disability services to promote the health for consumers in Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Livingston, Marshall, and McCracken counties.

4rbh.org

### Services:

- Center for Integrated Supports
- Center for Specialized Children's Services
- Clinical Services
- Community Supports
- Employee Assistance Program
- Housing Supports
- Regional Prevention and Education Center
- Special Services
- Substance Abuse Services

### Crisis and Emergency Services

- Disaster Emergency Preparedness
- Adult Crisis Stabilization Unit
- Children's Crisis Stabilization Program
- Disability Crisis Prevention & Response

### CRISIS & INFORMATION:

**1-800-592-3980**

## Four Rivers Behavioral Health

### Corporate Offices & Center for Adult Services

425 Broadway Street  
Paducah, KY 42001  
270-442-712

### Ballard County Office

115 North 4th Street  
Wickliffe, KY 42087  
270-442-7121

### Fulton County Office

201 North Highland Drive  
Fulton, KY 42041  
270-247-2588

### William H. Fuller Substance Abuse Center

1525 Cuba Road  
Mayfield, KY 42066  
270-247-2588

### Lakes Center

1051 North 16th Street  
Murray, KY 42071  
270-753-6622

# Disability Services

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## **CALLOWAY COUNTY**

### **Behavioral Support Service, LLC**

100 North 6th Street  
Murray, KY 42071  
270-753-9797

### **Generations Adult Day Services**

3380 KY-121 North  
Murray, KY 42071  
270-247-1311

### **Center for Accessible Living**

*Serves all ages and disabilities in the Purchase and Pennyriple Areas. Services include: advocacy, independent living skills training, peer support, information and referral, library with books, videos, catalogs, magazines, etc. containing disability information and a loan closet with durable medical items that are loaned out. Other programs: Personal Care Attendant Program, Benefits Plus, and Real Choice.*

1051 North 16th Street, Suite C  
Murray, KY 42071  
(270)753-7676  
TDD: (270) 767-0549  
Toll Free: (888) 261-6194

### **WATCH, Inc.**

*Assists people with disabilities in becoming fully integrated into their community by preparing each individual for maximal self-sufficiency by offering new opportunities and experiences that broaden their array of choices.*

702 Main Street  
Murray, KY 42071  
270-759-1965

## **GRAVES COUNTY**

### **JU Kevil Memorial Foundation**

*Provides quality programs and services to persons who have physical, mental, and/or developmental disabilities in a way that will preserve and promote dignity, independence, self-esteem, and personal growth. Promotes the removal of social, vocational, educational, and environmental barriers which deprive individuals of the opportunity to be self-sufficient and socially integrated into the community.*

1900 South 10th Street  
Mayfield, KY 42066  
270-247-5396



# Disability Services

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## **McCRACKEN COUNTY**

### **Easter Seals of West Kentucky**

*Provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work, and play in our communities. Easter Seals has been helping individuals with disabilities and special needs and their families live better lives for over 90 years.*

801 North 29th Street  
Paducah, KY 42001  
270-444-9687

### **Easter Seals Adult Day Services**

2229 Mildred Street  
Paducah, KY 42001  
270-443-1200

### **Cassidy's Cause Therapeutic Riding Academy**

*Provides individuals living with disabilities the opportunity to grow and develop through therapeutic, educational, and recreational activities, while interacting with a horse. Helps individuals move beyond the confines of their bodies and disabilities into new, unexplored worlds to gain confidence and self-esteem.*

6075 Clinton Road  
Paducah, KY 42001  
270-554-4040

# Employment & Education Services

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## Kentucky Career Center

Each Kentucky Career Center represents an alignment of local, state, and federal agencies, academic institutions, and community organizations with the purpose to assist individuals in making career and employment decisions for their sustainable success. Provides job services, unemployment insurance services, Labor Market Information, training opportunities, specialized services for individuals with disabilities and veterans.

### McCRACKEN COUNTY

#### Paducah Career Center

416 South 6<sup>th</sup> Street

Paducah, KY 42003

270-575-7000

Open: Monday – Friday,  
8:00 AM – 4:30 PM

Career Partners Include:

- Experience Works
- Kentucky Office of the Blind
- Kentucky Office of Employment & Training
- Kentucky Office of Vocational Rehabilitation
- Local Veteran Employment Representative
- Workforce Innovation & Opportunity Act

## Kentucky Office of the Blind

The Office of the Blind serves individuals with a significant visual disability that limits their ability to function independently and/or enter the workforce. Eligibility will be determined by a vocational rehabilitation counselor.

- *Information and Referral*
- *Orientation and Mobility*
- *Career Assessment*
- *Medical Evaluation/Assistance*
- *Bioptic Driving*
- *Vision Related Counseling*
- *Rehabilitation Training*
- *Education*
- *Employer Services*
- *Vending Employment Opportunities*
- *Assistive Technology*
- *Vocational Guidance*
- *Employment Placement*
- *Independent Living Services*

## Kentucky Office of Employment and Training

It is important to have a plan if you want to land that dream job. Think of it as taking a journey, with important steps along the way. We have created this step-by-step process to make your journey easier. With the right preparation, ambition, and attitude, you might find yourself in a better job than you had before.

## Kentucky Office of Vocational Rehabilitation

The Office of Vocational Rehabilitation provides services to individuals with disabilities to prepare for, secure, retain, or regain appropriate employment. To apply, please call to schedule an appointment; eligibility will be determined within 60 days.

# **Employment & Education Services**

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## **Area Agency on Aging & Independent Living**

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1002 Medical Drive  
Mayfield, KY 42066  
270-247-9426  
Toll-Free: 1 (800) 866-4213

### **Senior Community Service Employment Program**

Provides part-time training opportunities for low-income individuals 55 years of age or older who wish to enter or re-enter the workforce.

## **Easter Seals of West Kentucky**

Provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work, and play in our communities. Easter Seals has been helping individuals with disabilities and special needs, and their families, live better lives for over 90 years.

801 North 29<sup>th</sup> Street  
Paducah, KY 42001  
270-444-9687

## **JU Kevil Memorial Foundation**

Provides quality programs and services to persons who have physical, mental, and/or developmental disabilities in a way that will preserve and promote dignity, independence, self-esteem, and personal growth. Promotes the removal of social, vocational, educational, and environmental barriers which deprive individuals of the opportunity to be self-sufficient and socially integrated into the community.

1900 South 10<sup>th</sup> Street  
Mayfield, KY 42066  
270-247-5396

# Employment & Education Services

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## Public Libraries

### **Ballard-Carlisle County Public Library**

257 North 4th Street  
Wickliffe, KY 42087  
270-335-5059

### **Calloway County Public Library**

710 Main Street  
Murray, KY 42071  
270-753-2288

### **Fulton County Public Library**

312 Main Street  
Fulton, KY 42041  
270-472-3439

### **Graves County Public Library**

601 North 17th Street  
Mayfield, KY 42066  
270-247-2911

### **Hickman County Memorial Library**

110 Craig Lane  
Clinton, KY 42031  
270-653-2225

### **Hickman County Public Library**

902 Moscow Avenue  
Hickman, KY 42050  
270-236-2464

### **Marshall County Public Library - Benton Location**

1150 Birch Street  
Benton, KY 42025  
270-527-9969

### **Marshall County Public Library - Calvert City Location**

949 5th Avenue SE  
Calvert City, KY 42029  
270-527-9969

### **Marshall County Public Library - Hardin Location**

4640 Murray Highway  
Hardin, KY 42048  
270-527-9969

### **McCracken County Public Library**

555 Washington Street  
Paducah, KY 42003  
270-442-2510

# Family Support Benefits and Insurance

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## **Medicare Hotline 1-800-633-4227**

For specific billing questions and questions about your claims, medical records, or expenses.

## **Area Agency on Aging & Independent Living**

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1002 Medical Drive  
Mayfield, KY 42066  
270-247-9426  
Toll-Free: 1 (800) 866-4213

## **State Health Insurance Program**

Provides assistance with Medicare, Medicaid, and other public/private benefit programs.

## **Kentucky Health Benefits Exchange**

You can qualify for help to pay health insurance costs, based on income. You can also apply for programs like Medicaid and the Kentucky Children's Health Insurance Program. Employers with 25 or fewer full-time equivalent employees may be eligible for tax credits.

## **Heart USA**

Works with providers and pharmaceutical companies to help address medication needs for those without insurance, the underinsured, and those with gaps in coverage with Medicare. Provides information referrals to other potential sources of help with medications and related needs.

125 Medical Center Drive  
Paducah, KY 42003  
270-538-5828  
heart-usa.com

## **Senior Medicare Patrol**

Helps Medicare beneficiaries, their families, and caregivers who have questions about billing issues or believe they may be a victim of healthcare fraud or scams. Senior Medicare Patrol empowers and assists Medicare beneficiaries, their families, and caregivers, to prevent, detect, and report health care fraud, errors, and abuse through outreach, counseling, and education.

At the Paducah-McCracken County Senior Center  
1400 HC Mathis Drive  
Paducah, KY 42001  
270-816-6650

# Family Support Benefits and Insurance

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## Kentucky Department of Community Based Services

### Medicaid

Medicaid is a program for families and individuals who have income and resources within the established guidelines. Resources only apply to the aged, blind, or disabled population within the established guidelines. Contact your local Kentucky Department of Community Based Services, Family Support Office. In Kentucky, the Medicaid benefit contact number is 1-800-635-2570 and you are enrolled in Medicaid automatically.

### Supplemental Nutrition Assistance Program (SNAP)

Any household meeting basic income and other requirements may be able to receive SNAP benefits. A household is any person, family, or group of people who live and buy and eat food together. Adult children other than 21 who live with their parents may qualify for their own SNAP benefit accounts if they purchase and prepare food separately from their parents. Adult siblings living together but not with their parents who purchase and prepare meals separately may also have separate SNAP benefit accounts. The following people must be included in one household account, regardless of whether they purchase and prepare meals separately:

- A spouse of any household member.
- Parents living with their naturals, adopted, or stepchildren who are age 21 or younger.
- Children younger than 18 who are dependents of an adult household member.

Contact your local Kentucky Department of Community Based Services, Family Support Office.

**STATEWIDE NUMBER: 855-306-8959**

### **BALLARD COUNTY**

115 North 4th Street  
Wickliffe, KY 42087

### **GRAVES COUNTY**

351 Charles Drive  
Mayfield, KY 42066

### **CALLOWAY COUNTY**

3415 US Hwy 641 North  
Murray, KY 42071

### **HICKMAN COUNTY**

343 Moss Avenue  
Clinton, KY 42031

### **CARLISLE COUNTY**

178 US Hwy 51 N, Suite A  
Bardwell, KY 42023

### **MARSHALL COUNTY**

89 North Main Street  
Benton, KY 42025

### **FULTON COUNTY**

601 Stephen Beale Drive, Suite 1  
Fulton, KY 42041

### **McCRACKEN COUNTY**

2855 Jackson Street, Suite 1  
Paducah, KY 42001

# Family Support Benefits and Insurance

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## Social Security Administration

We treat all calls confidentially. We can answer specific questions from 7 AM to 7 PM, Monday through Friday. Generally, you'll have a shorter wait time if you call during the week after Tuesday. We can provide information by automated phone service 24 hours a day. You can use our automated response system to tell us a new address or request a replacement Medicare card.

**1-800-772-1213**

**TTY: 800-325-0778**

**[www.ssa.gov](http://www.ssa.gov)**

### **GRAVES COUNTY**

1526 Cuba Road  
Mayfield, KY 42066  
866-931-8366

### **McCRACKEN COUNTY**

125 Brett Chase Road  
Paducah, KY 42003  
866-614-7905

## **Supplemental Security Income (SSI)**

Supplemental Security Income is a federal program that provides monthly payments to people who have limited income and few resources. SSI is for elderly people as well as blind or disabled people of any age, including children. You may be able to get SSI if your resources are worth no more than \$2,000 for a person or \$3,000 for a married couple living together. Cash, bank accounts, stocks, bonds, etc. are counted but not the home you live in and usually not your car. Your benefits will depend on other income you have and you must apply for other government benefits for which you may be eligible.

If you get SSI, you usually can get benefits from the Supplemental Food and Nutrition Assistance Program, formerly called "food stamps," and Medicaid. Contact your local Social Security office to apply or call 1-800-772-1213 (TTY 1-800-325-0778). Also you can apply online at

[www.socialsecurity.gov](http://www.socialsecurity.gov).

# Food Pantries

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Visit the Purchase Area Development District website for an updated and expanded list of commodity and food bank programs: [www.purchaseadd.org/individuals/commodity-food-bank](http://www.purchaseadd.org/individuals/commodity-food-bank)

## BALLARD COUNTY

### Lovellaceville Food Pantry

143 North Broadway  
Lovellaceville, KY 42060  
270-488-3349  
Open: Every other Wednesday, 4:00–4:30PM

### St. Mary Food Pantry

654 Broadway  
La Center, KY 42056  
270-665-5551  
Open: Monday, Wednesday,  
Friday 9:00AM–12:00PM

### West KY Allied Services

325 Broadway  
La Center, KY 42056  
270-665-5238  
Open: First Wednesday each month

## CALLOWAY COUNTY

### Kirksey United Methodist Church

3691 Kirksey Hwy 299  
Kirksey, KY  
270-293-8033  
Open: Second Saturday each month

### First United Methodist Church

504 Poplar Street  
Murray, KY 42071  
270-753-3812  
Open: Second Wednesday each month

### University Church of Christ

801 North 12<sup>th</sup> Street  
Murray, KY 42071  
270-753-1881  
Open: Tuesday, 1:00–2:00PM

### Murray-Calloway County Needline

509 North 8<sup>th</sup> Street  
Murray, KY 42071  
270-753-6333  
Open: Monday–Friday, 10:00AM–4:00PM

### Glendale Road Church of Christ

1101 Glendale Road  
Murray, KY 42071  
270-753-3714  
Open: Monday, 8:00–10:00AM

### Soup For the Soul

411 Maple Street  
Murray, KY 42071  
270-768-7006  
Open: Monday–Friday, 4:00–5:30PM



# Food Pantries

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## CARLISLE COUNTY

### **Milburn United Methodist Church**

4940 State Route 80 East

Milburn, KY 42021

270-694-3931

Open: Wednesday, 5:00–7:00PM

### **Bardwell Baptist Church**

323 U.S. 51 North

Bardwell, KY 42023

270-628-3645

Open: Monday–Wednesday, 8:00AM–4:00PM

Thursday, 8:00AM–12:00PM

### **Bethlehem Baptist Church**

7361 U.S. Hwy 62

Cunningham, KY 42035

270-642-2320

Open: Fourth Saturday each month,

9:00–11:00AM

### **West KY Allied Services**

300 Front Street

Bardwell, KY 42023

270-628-3941

Open: Monday–Friday, 9:00AM–2:00PM

## FULTON COUNTY

### **Ken-Tenn Food Bank**

211 Carr Street

Fulton, KY 42041

270-472-0997

Open: Third & fourth Friday each month,

9:00–11:00AM

### **Alternative Resources for Kentucky (ARK)**

1702 Moscow Avenue

Hickman, KY 42050

270-293-9692

Open: Tuesday, 3:00–5:00PM

## GRAVES COUNTY

### **Mayfield-Graves County**

#### **Needline & Food Pantry**

424 South 9th Street

Mayfield, KY 42066

270-247-6333

Open: Monday–Thursday, 10:00–11:45AM

Third Friday each month

### **Operation Not 1 Missed**

1201 West Broadway

Mayfield, KY 42066

270-705-0569

Open: Third Tuesday each month,

4:00–6:00PM

### **St. Vincent de Paul Society**

702 Broadway

Mayfield, KY 42066

270-705-8618

Open: Friday 1:00–3:30PM

98 Calvary Church Road

Mayfield, KY 4066

270-705-0569

Open: Friday, 4:00–6:00PM

### **First Assembly of God**

111 North Sutton Lane

Mayfield, KY 42066

270-247-5677

Open: Thursday, 9:00–11:00AM

### **Enon Baptist Church**

6175 State Route 339

Mayfield, KY 42066

270-328-8766

Open: Monday, 5:30PM

### **His Hands Ministries**

1648 State Route 2194 West

Hickory, KY 42069

270-705-9132

Open: Friday or Saturday, or as needed

# Food Pantries

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## HICKMAN COUNTY

### **Mission House**

111 West Clay Street

Clinton, KY 42031

270-653-3271

Open: Monday, Thursday, Friday

8:00AM—2:30PM

## MARSHALL COUNTY

### **Bags of Hope**

3265 Mayfield Highway

Benton, KY

270-252-9266

Open: Monday & Thursday, 2:00PM—5:00PM

### **Central Church of Christ**

1204 Main St, Benton, KY

270-252-0330

Open: Thursday, 10:30AM—1:00PM

### **Marshall County Caring Needline**

307 Main Street

Benton, KY

270-527-0024

Open: Wednesday—Friday, 9:00AM—12:00PM

### **Helping Hands (Three Crosses)**

845 US Hwy 641 S

Benton, KY

270-527-3990

Open: Tuesday, 4:00PM—6:00PM

### **Marcella's Kitchen**

868 Guy Mathis Drive, Benton, KY

270-705-3402

Open: Every day at lunch

### **Open Hearts Food Pantry @ Calvert City United Methodist Church**

571 Oak Parks Blvd.

Calvert City, KY 42029

270-556-7574

Open: Third Monday each month 4:00—5:00PM

## McCRACKEN COUNTY

### **Lone Oak Church of Christ**

2960 Lone Oak Road

Paducah, KY 42003

270-554-2511

Open: Second Monday each month  
6:15—7:15AM *by appointment*

### **River City Mission**

1466 Bechtold Road

Paducah, KY 42002

270-442-7921

Open: Shelter - Every day

### **Family Service Society**

827 Joe Clifton Drive

Paducah, KY 42001

270-443-4838

Open: Monday—Friday, 9:00AM—12:00PM  
& 1:00—3:30PM

### **Highland Baptist Church**

1500 Husbands Road

Paducah, KY 42003

270-442-6444

Open: Thursday, 10:30AM—12:30PM

### **Paducah Cooperative Ministry**

402 Legion Drive

Paducah, KY 42003

270-442-6795

Open: Monday—Friday, 9:00AM—3:30PM

### **HIV/AIDS Special**

### **LivWell Prevention and Outreach Clinic**

1733 Broadway Street

Paducah, KY 42001

270-444-8183

Open: Monday—Friday, 8:00AM—12:00PM

## Food Pantries

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### **Community Kitchen**

1237 Martin Luther King Jr Dr  
Paducah, KY 42002  
270-575-3400  
Open: Soup Kitchen

### **St Vincent de Paul Help Center**

2001 Cairo Road  
Paducah, KY 42002  
270-442-9351  
Open: Tuesday—Thursday, 10:00<sub>AM</sub>—1:00<sub>PM</sub>

### **LivWell Medical Clinic**

1903 Broadway Street  
Paducah, KY 42001  
270-444-8183  
Open: Monday—Friday, 8:00<sub>AM</sub>—12:00<sub>PM</sub>

# General Assistance & Community Action Agencies

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Local agencies that offer assistance for a variety of needs, including emergency food, clothing, shelter, medications, etc. Some agencies are regional, and others limit assistance to the county of residence. Call for more information.

## Purchase Area Development District

The Purchase Area Development District (PADD) offers a diverse collection of services, touching every aspect of life in the Purchase Region. The PADD services include programs for human support, community infrastructure planning, economic development, and special projects—the blending of these offerings provides a well-rounded approach to meeting the current and future needs of our region.

1002 Medical Drive

PO Box 588

Mayfield, KY 42066

270-247-7171

[www.purchaseadd.org](http://www.purchaseadd.org)

[www.purchaseadd.wordpress.org](http://www.purchaseadd.wordpress.org)

### Programs that Serve Individuals

- Area Agency on Aging & Independent Living
- Commodity & Food Bank Programs
- Workforce Innovation & Opportunity Act

### Programs that Serve Businesses

- Business Lending & Development Services
- Child Care Resource & Referral Agency
- Workforce Innovation & Opportunity Act

### Programs that Serve Local Governments

- Citizens Corp
- Community & Economic Development Committee
- E911 Administrative Board
- Geographic Information System/Global Positioning System
- Mississippi River Parkway Commission
- Project & Public Administration Services
- Purchase Area Housing Corporation

### Programs that Serve the Commonwealth

- Kentucky Agricultural Development Information System
- Regional/Statewide Transportation Committee
- Section 5304: Public Transportation Program
- Water Management Council

# General Assistance Agencies

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## **West Kentucky Allied Services**

Non-profit agency providing social services to low-income persons in the Purchase Area. Provides heating assistance, weatherization, resource referrals, and limited rent assistance.

### **MAIN OFFICE**

33 Construction Drive, Suite A1  
PO Box 736  
Mayfield, KY 42066  
270-247-4046  
Toll-Free: 1-800-294-2731

### **BALLARD COUNTY**

547 West KY Drive  
PO Box 741  
LaCenter, KY 42056  
270-665-5238  
*Food, rent, and mortgage assistance, weatherization, and service referrals.*

### **CALLOWAY COUNTY**

607 Poplar Street, Suite C  
PO Box 646  
Murray, KY 42071  
270-753-0908  
*Employment, housing assistance, self-sufficiency and emergency services, and homeless services.*

### **CARLISLE COUNTY**

300 Front Street  
Bardwell, KY 42021  
270-628-3941  
*Employment, housing assistance, self-sufficiency and emergency services, and homeless services.*

### **FULTON COUNTY**

201 North Highland Drive  
PO Box 1542  
Fulton, KY 42041  
270-472-0002  
*Emergency lodging and clothing.*

### **GRAVES COUNTY**

33 Construction Drive, Suite A1  
PO Box 736  
Mayfield, KY 42066  
270-247-4046  
*Employment, housing assistance, self-sufficiency and emergency services, and homeless services.*

### **HICKMAN COUNTY**

111 Clay Street  
PO Box 193  
Clinton, KY 42031  
270-653-4494

### **MARSHALL COUNTY**

1101 Main Street  
PO Box 412  
Benton, KY 42025  
270-527-9766  
*Employment, housing assistance, and homeless services.*

### **McCRACKEN COUNTY**

Elmwood Court  
709 South 22<sup>nd</sup> Street, Apt. 9  
PO Box 2617  
Paducah, KY 42003  
270-444-7380  
*Employment, housing assistance, self-sufficiency, and emergency services.*

# General Assistance Agencies

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## The Salvation Army

An international movement that is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination. Services include emergency financial assistance, casework services, and food pantry.

### **Calloway County Service Unit**

509 North 8th Street  
Murray, KY 42071  
502-583-5391

### **Hickman County Service Unit**

416 McMorris Street  
Clinton, KY 42031  
502-583-5391

### **Graves County Service Unit**

914 East College Street  
Mayfield, KY 42066  
502-357-8538

### **Paducah Corps**

2990 Trimble Street  
Paducah, KY 42001  
270-443-8231

*Additional services offered:*

- *Disaster Services*
- *Homemaker Services*
- *Visitation Services*
- *Christian Education*
- *Men's & Women's Ministries*
- *Worship Services*
- *Music & Arts Programs*
- *Day Camp Activities*
- *Character Building Programs*
- *Community Recreation Programs*
- *Community Recreation & Education Programs*

## **Low Income Home Energy Assistance Program (LIHEAP)**

LIHEAP is a federally-funded program to help eligible low-income households meet their home heating and/or cooling needs.

1-866-674-6327  
energy@ncat.org

# General Assistance Agencies

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## Additional Agencies

*Agencies are listed by the county of their main address. Many agencies serve multiple counties. Please call to inquire whether they can serve you.*

### CALLOWAY COUNTY

#### Angel's Attic Thrift Shop

927 Chestnut Street  
Murray, KY 42071  
270-762-0505  
Open Tuesday—Saturday, 11:00AM—5:00PM

#### Murray-Calloway County Need Line

509 North 8<sup>th</sup> Street  
Murray, KY 42071  
270-753-6333

#### United Way

Located inside the Murray-Calloway County  
Senior Center  
607 Poplar Street, Suite F  
Murray, KY 42071  
mccunitedway.org  
270-753-0317

#### Hope Calloway

629 Broad Street  
Murray, KY 42071  
270-761-6802

#### Murray Lions Club

*Will pay up to \$150 for basic eye wear.  
Applicants may receive assistance once every 3  
years.*  
PO Box 161  
Murray, KY 42071  
270-753-3362  
murraylionsclub@gmail.com  
Murraylions.org

### GRAVES COUNTY

#### Annie Gardner Foundation

620 South 6th Street  
Mayfield, KY 42066  
(270) 247-5803  
anniegardnerfoundation.org

#### Mayfield First Assembly of God

111 North Sutton Lane  
Mayfield, KY 42066  
270-247-5677  
Clothing: Thursdays  
*Bring photo ID*

### MARSHALL COUNTY

#### God's Promises Ministry

1106 Main Street  
Benton, KY 42025  
270-703-2499  
Open Monday, Wednesday, Friday  
11:00AM—3:00PM

#### Third Place Ministries

176 Beechwood Lane  
Benton, KY 42025  
270-527-5147  
Visit the *New to You* Thrift Store.

# General Assistance Agencies

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## McCRACKEN COUNTY

### American Red Cross - Western KY Chapter

4635 Falconcrest Drive  
Paducah, KY 42001  
270-442-3575

### United Way of Paducah-McCracken County

Inside US Bank  
333 Broadway Street, Suite 502  
Paducah, KY 42001  
270-442-1691

### Family Service Society

*Assistance offered includes medical, dental, vision, prescription medication, and utility bill assistance. Has a fully stocked food pantry and free clothes by appointment. Financial education classes are also offered.*

827 Joe Clifton Drive  
Paducah, KY  
270-443-4838

### Operation Hope

Inside Regions Bank.  
4111 Clarks River Road  
Paducah, KY 42001  
270-210-3287  
888-388-4673

Contact: Angie Wilke

*Services offered include credit & money management, homeownership, and financial disaster preparedness.*

### LivWell Prevention and Outreach Clinic

1733 Broadway Street  
Paducah, KY 42001  
270-444-8183  
Open: Monday–Thursday 8:00<sub>AM</sub>–12:00<sub>PM</sub>,  
Friday 8:00<sub>AM</sub>–12:00<sub>PM</sub>  
HIV/AIDS Special

### St. Vincent de Paul Helpline & Budget Store

2025 Cairo Road  
Paducah, KY 42001  
270-442-9351

*Services include utility bill assistance, a food pantry, free clothing, rent payment assistance, and undesignated temporary financial assistance for needs such as prescription assistance, medical bills, and transportation breakdown. Also operates a community thrift store.*



# Group, Personal Care, and Family Care Homes

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## **Four Rivers Behavioral Health: Group Homes and Housing Supports**

Four Rivers Behavioral Health is a private, not-for-profit agency providing comprehensive, integrated mental health, substance abuse, and developmental disability services to promote the health for consumers in Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Livingston, Marshall, and McCracken counties.

Corporate Office  
425 Broadway  
Paducah, KY 42001  
270-442-7121

### **Group Homes**

Four Rivers Behavioral Health is the management agent for the HUD subsidized Riverwood Group Home, in Paducah, and the Willow Apartments Group Home, in Mayfield. Each group home provides housing for eight persons: Riverwood houses four males and four females; Will houses eight males. Applicants must have a diagnosis of a developmental disability and meet minimum income requirements.

### **Personal Care Home**

Fuller Apartments is a 12-unit, HUD subsidized independent living facility. Each unit is a one-bedroom apartment with a kitchen, living room, and bathroom. Applicants must have a documented disability, meet minimum income requirements, and be able to live independently.

### **Residential Services**

Four Rivers Behavioral Health provides residential services to individuals with mental retardation who have been accepted into the Supports for Community Living (SCL) Program by the Department of Medicaid Services. First, they can place individuals with families who have been trained by the agency as a Family Home Provider (FHP) or Adult Foster Care Providers (AFC). The individuals are integrated into the family unit. Second, the agency's Staffed Residences provide a transitional living arrangement for individuals diagnosed with mental retardation who have been discharged from an institution or due to other circumstances in living arrangements must find alternative residences. Staffed residences are managed by trained staff and provide housing for three individuals, creating a family environment. Each person is provided with their own room, and residential staff provides assistance with daily needs, prepare nutritious meals, and help each person access the community and participate in activities of their choice. Four Rivers Behavioral Health operates two residences in Graves County and two in McCracken County.

# Home Health Agencies

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Home Health Agencies provide skilled nursing and therapy services on an intermittent basis in the home or other location outside the hospital, in accordance with a medical provider's order and in accordance with their KY LICENSES. Some personal care services are also available when skilled care is required. Home Health Agencies may offer personal care, limited homemaking/housekeeping, and limited respite services through a Medicaid-funded Home and Community Based Waiver Program. Many agencies operate in several counties in the Purchase Area. Services may be short or long-term.

## **CALLOWAY COUNTY**

### **CenterWell Home Health**

1616 Hwy-121 Bypass, Suite C  
Murray, KY 42071  
270-753-1434

## **GRAVES COUNTY**

### **CenterWell Home Health**

1025 Paducah Road, Suite A  
Mayfield, KY 42066  
800-437-2001

### **Mercy Health Homecare & Hospice**

305 Wyatt Drive, Suite B  
Mayfield, KY 42066  
270-415-3636

## **McCRACKEN COUNTY**

### **Paducah Nurses Registry Inc.**

60 Lakeview Dr. #1  
Paducah  
554-7344

### **Baptist Health Home Care**

220 Lone Oak Road  
Paducah, KY 42001  
270-575-2990

### **PCM Professional Case Management**

109 Memorial Drive  
Paducah, KY 42001  
270-442-1366

## **FULTON COUNTY**

### **Lifeline Health Care of Fulton**

309 Main Street  
Fulton, KY 42041  
270-472-2294

### **Lifeline of Jackson Purchase**

1011 Paris Road, Suite 345  
Mayfield, KY 42066  
270-753-5656

*For individuals with conditions contracted while working in nuclear energy programs for the Department of Energy. Energy Employees Occupational Illness Compensation Program Act (EEOICPA) and Radiation Exposure Compensation Act (RECA)*

### **Giving Home Health Care**

5150 Village Square  
Paducah, KY 42001  
270-883-6359

### **Brightmore Home Care of Kentucky United Energy Workers Healthcare**

3565 Lone Oak Road, Suite 4  
Paducah, KY 42001  
270-709-3145

# Hospice and Palliative Care

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Hospice is a special healthcare option for patients of all ages and families who are faced with an illness that will eventually be fatal. With a focus on the final months/years of life, hospice provides palliative care when curative treatment is no longer the patient's choice. Patients receive care in their home or in a home-like environment such as a nursing facility. Hospice views the patient, family, and disease process from a holistic perspective addressing the physical, social, emotional, and spiritual needs of each patient and family. Hospice offers patients comfort instead of aggressive, curative, or life-prolonging therapies.

## **Mercy Health**

Paducah Location  
225 Medical Center Drive, Suite 203  
Paducah, KY 42003  
270-415-3636

Ray & Kay Eckstein Hospice Care Center  
1530 Lone Oak Road  
Paducah, KY 42003  
270-415-3636

Mayfield Location  
305 Wyatt Drive, Suite B  
Mayfield, KY 42066  
270-415-3636

## **Baptist Health**

Paducah Location  
2605 Kentucky Avenue, Suite 601  
Paducah, KY 42003  
270-575-2174

## **Murray-Calloway County Hospital**

Anna Mae Owen Residential Hospice House  
1959 State Route 94 West  
Murray, KY 42071  
270-767-3670

# Hospitals

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## **CALLOWAY COUNTY**

### **Murray-Calloway County Hospital**

803 Poplar Street

Murray, KY 42071

270-762-1100

## **GRAVES COUNTY**

### **Jackson Purchase Medical Center**

1099 Medical Center Circle

Mayfield, KY 42066

270-251-4100

## **MARSHALL COUNTY**

### **Marshall County Hospital**

615 Old Symsonia Road

Benton, KY 42025

270-527-4800

## **McCRACKEN COUNTY**

### **Baptist Health Paducah**

2501 Kentucky Avenue

Paducah, KY 42003

270-575-2100

### **Mercy Health-Lourdes Hospital**

1530 Lone Oak Road

Paducah, KY 42003

270-444-2444

# Housing

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## Public Housing

HUD Section 8 is a federal program which provides assistance to eligible low-income families, the elderly, and persons with disabilities. Contact your local housing authority for assistance.

### **CALLOWAY COUNTY**

#### **Housing Authority of Murray**

716 Nash Street  
Murray, KY 42071  
270-753-3000

### **GRAVES COUNTY**

#### **Housing Authority of Mayfield**

312 Brookside Drive  
Mayfield, KY 42066  
270-247-6391

### **FULTON COUNTY**

#### **Housing Authority of Fulton**

200 Vernon Avenue  
Fulton, KY 42041  
270-472-1115

### **MARSHALL COUNTY**

#### **Housing Authority of Benton**

101 Walnut Court  
Benton, KY 42025  
270-527-3626

#### **Housing Authority of Hickman**

1209 Holly Court, Suite 50  
Hickman, KY 42050  
270-236-2888

### **McCRACKEN COUNTY**

#### **Housing Authority of Paducah**

2330 Ohio Street  
Paducah, KY 42001  
270-443-3634

## Senior Housing

### **BALLARD COUNTY**

#### **Ballard Senior Apartments**

307 Lake Drive  
Barlow, KY 42024  
270-334-3115

### **HICKMAN COUNTY**

#### **Henley Park Apartments**

300 Henley Court  
Clinton, KY 42031  
270-653-2582

### **CALLOWAY COUNTY**

#### **Wesley at Murray**

440 Utterback Road  
Murray, KY 42071  
270-753-7735

### **MARSHALL COUNTY**

#### **Lakeland Wesley Village**

1127 Village Road  
Benton, KY 42025  
**270-354-8888**

### **FULTON COUNTY**

#### **Fulton Manor Senior Apartments**

1109 Middle Road  
Fulton, KY 42041  
270-472-2721

### **GRAVES COUNTY**

#### **Mayfield Plaza Apartments**

405 Babb Drive  
Mayfield, KY 42066  
270-247-7723

# Public Housing

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## **McCRACKEN COUNTY**

### **Jackson House Apartments W.B. Sanders Retirement Center**

301 South 9<sup>th</sup> Street  
Paducah, KY 42003  
270-442-7591

### **McAuley Manor - Mercy Housing**

631 McAuley Drive  
Paducah, KY 42003  
270-908-0098

### **Lone Oak Manor Apartments**

650 College Avenue  
Paducah, KY 42001  
270-554-0504

### **Irvin Cobb Apartments**

600 Broadway Street  
Paducah, KY 42001  
270-443-4721

## **Emergency Housing**

## **CALLOWAY COUNTY**

### **HOPE Calloway's The Gentry House**

629 Broad Street  
Murray, KY 42071  
270-761-6802

## **GRAVES COUNTY**

Lighthouse Women Shelter  
513 East Broadway  
Mayfield, KY 42066  
270-247-6491

## **McCRACKEN COUNTY**

### **Merryman House Domestic Crisis Center**

Paducah, KY 42002  
270-443-6001  
Hotline: 1-800-585-2686  
[merrymanhouse.org](http://merrymanhouse.org)

# In-Home, Non-Medical Services

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These agencies' services are designed to help seniors and those with disabilities meet the needs of daily living in order to continue living in their own home. Programs are eligibility-based and are available in Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Marshall, and McCracken counties. Each agency provides a variety of services which may include cleaning, personal care, respite, errands, etc. In some cases, a fee will be charged.

## **Area Agency on Aging & Independent Living**

The Purchase Area Development District's Agency on Aging & Independent Living provides regional planning and administration of human service programs for the elderly and individuals with disabilities. Services delivered through our office, and a network of partner agencies, provide answers, advocacy, and action. The AAAIL preserves the dignity, self-respect, and independence of the individuals we serve.

1002 Medical Drive  
Mayfield, KY 42066  
270-247-9426  
Toll-Free: 1 (800) 866-4213

### **Alzheimer's Disease Respite Program**

In-home respite care for persons of any age with Alzheimer's or a related disorder.

### **Participant-Directed Services (PDS)**

A program for Medicaid Waiver-eligible consumers of any age who choose to direct their own care. Allows flexibility in who and when services are provided.

### **Family Caregiver Support Program**

Services include information, assistance, caregiver counseling, training, support groups, respite care, and supplemental services assisting the following: (1) the caregiver of any age caring for an elderly person ages 60 or older; (2) seniors aged 60 or older who are caregivers to relative children under the age of 19; and, (3) seniors aged 60 or older providing care to their children who are under the age of 19 years, with diagnosed mental retardation or developmental disabilities.

### **Kentucky Caregiver Support Program**

Assistance to grandparent caregivers of any age who provide primary care for a grandchild 17 years old or younger who meet eligibility requirements.

### **Kentucky Homecare Program**

Each client receives a care plan that is implemented to provide appropriate, comprehensive, and timely services. Services do not replace medical care but are designed to help meet the needs of daily living.

- *Assessment*
- *Home-Delivered Meals*
- *Case Management*
- *Home Repair*
- *Homemaker Services*
- *Personal Care Services*
- *Respite*
- *Escort Services*

# In-Home, Non-Medical Services

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## **CALLOWAY COUNTY**

### **Black Pearl Home Care**

1712 KY-121  
Murray, KY 42071  
270-557-7418

### **Thriving at Home**

1406 North 12<sup>th</sup> Street, Suite E  
Murray, KY 42071  
1-855-375-2724  
731-363-6393

## **MARSHALL COUNTY**

### **LIFE Coordinated**

*Commonwealth Program of All-Inclusive Care  
for the Elderly (PACE)*  
201 East 11<sup>th</sup> Street  
Benton, KY 42025  
866-878-1121

## **McCRACKEN COUNTY**

### **Golden Years Home Care**

2855 Jackson Street  
Paducah, KY 42003  
270-564-3526

### **Home Instead**

3429 Lone Oak Road, Suite 5B  
Paducah, KY 42001  
270-558-0301

### **Black Pearl Home Care**

2520 New Holt Road  
Paducah, KY 42001  
270-557-7418

### **Love, Right at Home, LLC**

2850 Adams Street  
Paducah, KY 42001  
270-201-4885

### **Senior Helpers**

657 Lone Oak Road, Suite 2  
Paducah, KY 42003  
270-707-2273



## Local Government Offices

Ballard County Fiscal Court	Judge/Executive Todd Cooper	270-335-5176
City of Barlow	Mayor John Wood	270-334-3500
City of Kevil	Mayor Charles Burnley	270-462-3104
City of LaCenter	Mayor Jamie Hack	270-663-5167
City of Wickliffe	Mayor Herb Vance	270-335-3557
Calloway County Fiscal Court	Judge/Executive Kenny Imes	270-753-2920
City of Hazel	Mayor John Paschall	270-492-8872
City of Murray	Mayor Kim Wyatt	270-762-0350
Carlisle County Fiscal Court	Judge/Executive Greg Terry	270-628-5451
City of Arlington	Mayor Bobby McGee	270-655-2261
City of Bardwell	Mayor Phillip King	270-335-5176
Fulton County Fiscal Court	Judge/Executive Jim Martin	270-236-2594
City of Fulton	Mayor David Prater	270-472-1320
City of Hickman	Mayor Heath Carlton	270-236-2535
Graves County Fiscal Court	Judge/Executive Jesse Perry	270-247-3626
City of Mayfield	Mayor Kathy O’Nan	270-251-6211
City of Wingo	Mayor Charles Shelby	270-376-2286
Hickman County Fiscal Court	Judge/Executive Kenny Wilson	270-653-4369
City of Clinton	Mayor John Kelly	270-653-6419
City of Columbus	Mayor Kay Ferguson	270-677-9005
Marshall County Fiscal Court	Judge/Executive Kevin Spraggs	270-527-4750
City of Benton	Mayor Rita Dotson	270-527-8677
City of Calvert City	Mayor Gene Colburn	270-395-7138
City of Hardin	Mayor Hank Rogalinski	270-437-4362
McCracken County Fiscal Court	Judge/Executive Craig Clymer	270-444-4707
City of Paducah	Mayor George Bray	270-444-8504

# Long-Term Care Nursing Facilities

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For more information about long-term care facilities in Kentucky, Illinois, Missouri, or Tennessee, please call the Long-Term Care Ombudsman at 270-247-9426 or 1-80-866-4213.

## **BALLARD COUNTY**

### **Life Care Center at LaCenter**

252 West Fifth Street  
LaCenter, KY 42056  
270-628-5424

## **CARLISLE COUNTY**

### **Countryside Center for Rehab & Nursing**

47 Margo Avenue  
Bardwell, KY 42023  
270-628-5424

## **GRAVES COUNTY**

### **Green Acres Healthcare**

402 West Farthing Street  
Mayfield, KY 42066  
270-247-6477

## **HICKMAN COUNTY**

### **Clinton Place**

106 Padgett Drive  
Clinton, KY 42031  
270-653-5558

## **MARSHALL COUNTY**

### **Calvert City Convalescent Center**

1201 5th Avenue SE  
Calvert City, KY 42029  
270-395-4124

### **Oakview Nursing & Rehabilitation Center**

10456 US Highway 62  
Calvert City, KY 42029  
270-898-6288

## **McCRACKEN COUNTY**

### **Stonecreek Health & Rehab**

4747 Alben Barkley Drive  
Paducah, KY 42001  
270-444-9661

### **River Haven Nursing & Rehabilitation**

867 McGuire Avenue  
Paducah, KY 42001  
270-442-6168

## **CALLOWAY COUNTY**

### **Spring Creek Healthcare**

1401 South 16th Street  
Murray, KY 42071  
270-752-2900

## **FULTON COUNTY**

### **Fulton Nursing & Rehab**

1004 Holiday Lane  
Fulton, KY 42041  
270-472-1971

### **Mills Health & Rehab**

500 Beck Lane  
Mayfield, KY 42066  
270-247-7890

### **Clinton-Hickman County ICF**

366 South Washington St  
Clinton, KY 42031  
270-653-2461

### **Lakeway Nursing & Rehab**

2607 Main St.  
Benton, KY 42025  
270-527-3296

### **Parkview Nursing & Rehabilitation Center**

544 Lone Oak Rd.  
Paducah  
270-444-9661

### **Providence Pointe Healthcare**

100 Marshall Court  
Paducah, KY 42001  
270-442-6884

# Medical Equipment

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*Agencies are listed by the county of their main address. Many agencies serve multiple counties. Please call to inquire whether they can serve you.*

## **BALLARD COUNTY**

### **Great River Pharmacy**

451 Court Street  
Wickliffe, KY 42087  
270-335-3172

### **Sutton Drugs of La Center**

234 Broadway  
La Center, KY 42056  
270-462-3565

## **CALLOWAY COUNTY**

### **Audibel Hearing Center**

506 North 12<sup>th</sup> Street, Unit 1  
Murray, KY 42071  
270-761-1900

### **Audiology & Hearing Center**

1711 State Route 121 Bypass North  
Murray, KY 42071  
270-759-7000

### **Beltone Hearing Care Center**

707 South 12<sup>th</sup> Street, Unit A  
Murray, KY 42071  
270-753-9558

### **Legacy Oxygen & Medical Equipment**

924 South 12<sup>th</sup> Street  
Murray, KY 42071  
270-753-2001

### **Walter's Family Pharmacy**

604 South 12<sup>th</sup> Street  
Murray, KY 42071  
270-753-7688

### **Miracle-Ear Hearing Aid Center**

307 North 4<sup>th</sup> Street  
Murray, KY 42071  
270-713-7137

### **Pharmacy, Inc**

370 Industrial Road  
Murray, KY 42071  
270-762-0602

### **Rotech of Western KY**

1608 Hwy 121 Bypass North, Suite F  
Murray, KY 42071  
270-759-8889

### **Stone-Lang Company**

210 South 12<sup>th</sup> Street  
Murray, KY 42071  
270-753-8055

## **CARLISLE COUNTY**

### **MedCare Pharmacy & Home Medical**

165 Walnut Street  
Arlington, KY 42021  
270-655-6151

### **Bardwell Pharmacy**

325 Elm Street  
Bardwell, KY 42023  
270- 628-5445

## **FULTON COUNTY**

### **Stone-Lang Company**

424 Lake Street  
Fulton, KY 42041  
800-949-5728

### **Evans Total Care LLC**

208 Lake Street  
Fulton, KY 42041  
270-472-2984

### **Evans Drug Company, PLLC**

214 Lake Street  
Fulton, KY 42041  
270- 472-2421

# Medical Equipment

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*Agencies are listed by the county of their main address. Many agencies serve multiple counties. Please call to inquire whether they can serve you.*

## **GRAVES COUNTY**

### **Duncan Clinic Pharmacy**

Jackson Purchase Medical Pavilion 1<sup>st</sup> Floor  
1111 Medical Center Circle  
Mayfield, KY 42066  
270-247-7000

### **Stone's Health Mart Pharmacy**

414 South 9th Street  
Mayfield, KY 42066  
270-247-3232

### **Gibson's Pharmacy**

1206 Paris Road  
Mayfield, KY 42066  
270-247-1055

### **KentuckyCare Mayfield Pharmacy**

110 Kings Drive  
Mayfield, KY 42066  
270-804-7713

## **HICKMAN COUNTY**

### **Clinton Pharmacy**

119 East Clay Street  
Clinton, KY 42031  
270-653-5361

### **Byassee Drugs**

107 East Clay Street  
Clinton, KY 42031  
270-653-2151

## **MARSHALL COUNTY**

### **At Home Medical**

837 US Highway 68 W  
Benton, KY 42025  
270-252-0897  
800-287-0643

### **Benton Pharmacy**

2606 Main Street  
Benton, KY 42025  
270-527-1409

### **Draffenville Pharmacy**

153 US-68  
Benton, KY 42025  
270-527-1404

### **J&R Pharmacy of Draffenville**

34 US Hwy 68 E  
Benton, KY 42025  
270-527-3135

### **Miracle-Ear Hearing Aid Center**

805 Main Street  
Benton, KY 42025  
270-713-2122

### **Calvert City Pharmacy**

906 5<sup>th</sup> Avenue SE  
Calvert City, KY 42029  
270-395-4350

### **J&R Pharmacy of Benton**

817 Main Street  
Benton, KY 42025  
270-527-9374

# Medical Equipment

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*Agencies are listed by the county of their main address. Many agencies serve multiple counties. Please call to inquire whether they can serve you.*

## **McCRACKEN COUNTY**

### **MedCare Home Medical**

2800 Clark Street, Suite C  
Paducah, KY 42001  
270-448-2273

### **Audiology & Hearing Center**

4570 Pecan Dr.  
Paducah, KY 42003  
554-6000

### **Legacy Oxygen & Medical Equipment**

800 Broadway Street  
Paducah, KY 42001  
270-442-7887

### **Miracle-Ear Hearing Aid Center**

4793 Village Square Drive  
Paducah, KY 42001  
270-713-7064

### **Pharmacy, Inc**

120 Cave Thomas Drive  
Paducah, KY 42001  
270-908-2577

### **Purchase Ear Technology**

2008 Broadway Street  
Paducah, KY 42001  
270-558-3996

### **Davis Drugs**

250 Lone Oak Road, Suite A  
Paducah, KY 42001  
270-443-1442

### **Reidland Pharmacy**

5433 Reidland Road  
Paducah, KY 42003  
270-898-7313

### **Strawberry Hills Pharmacy**

2670 New Holt Road, Suite D  
Paducah, KY 42001  
270-444-7070

### **Audibel Hearing Center**

130 Brett Chase, Suite B  
Paducah, KY 42003  
270-761-1900

### **Beltone Hearing Care Center**

917 Broadway Street  
Paducah, KY 42001  
270-443-4594

### **Lincare**

1051 Husbands Road  
Paducah, KY 42003  
270-443-0957

### **Orr Medical**

3434 Lovelaceville Road  
Paducah, KY 42001  
270-554-7311

### **Rotech of Western KY**

1914 Broadway Street  
Paducah, KY 42001  
270-443-6311

### **Stone-Lang Company**

2620 Broadway Street  
Paducah, KY 42001  
270-442-3561

### **Lone Oak Pharmacy**

3535 Lone Oak Road  
Paducah, KY 42003  
270-554-7944

### **Rick's Pharmacy**

3001 Schneidman Road  
Paducah, KY 42003  
270-443-7200

### **West Towne Pharmacy**

2755 West Park Drive  
Paducah, KY 42001  
270-443-0909

# Mental Health Agencies

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## **Four Rivers Behavioral Health**

Four Rivers Behavioral Health is a private, not-for-profit agency providing comprehensive, integrated mental health, substance abuse, and developmental disability services to promote the health for consumers in Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Livingston, Marshall, and McCracken counties.

### **Four Rivers Behavioral Health**

#### **Corporate Offices & Center for Adult Services**

425 Broadway Street  
Paducah, KY 42001  
270-442-712

#### **Ballard County Office**

115 North 4th Street  
Wickliffe, KY 42087  
270-442-7121

#### **Fulton County Office**

201 North Highland Drive  
Fulton, KY 42041  
270-247-2588

#### **William H. Fuller Substance Abuse Center**

1525 Cuba Road  
Mayfield, KY 42066  
270-247-2588

#### **Lakes Center**

1051 North 16<sup>th</sup> Street  
Murray, KY 42071  
270-753-6622

## **Jackson Purchase Medical Center**

Senior Behavioral Health Unit  
1009 Medical Center Circle  
Mayfield, KY 42066  
270-251-4250

## **Lourdes Behavioral Health Institute**

1530 Lone Oak Road  
PO Box 7100  
Paducah, KY 42002-7100  
270-444-2250  
Toll-Free: 1-877-219-2708

## **Murray-Calloway County Hospital**

Geriatric Psych Unit  
803 Poplar St.  
Murray, KY 42071  
270-762-1100

# Mental Health Agencies

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## Other Mental Health resources:

### **CALLOWAY COUNTY**

#### **Behavioral Management, LLC**

100 North 6th Street

Murray, KY 42071

270-753-9797 or 859-545-4082

#### **Danette Morton-Page Counseling**

206 South 6th Street

Murray, KY 42071

270-753-9827

### **GRAVES COUNTY**

#### **Emerald Therapy**

1019 Paducah Road, Suite C

Mayfield, KY 42071

270-278-1240 opt. 9

### **McCRACKEN COUNTY**

#### **Behavioral Management, LLC**

2607 Jackson Street

Paducah, KY 42003

270-442-2223

#### **Compass Counseling, LLC**

2204 Kentucky Avenue

Paducah, KY 42001

270-777-4490

#### **Mountain Comprehensive Care Center - Paducah Outpatient Clinic & Mountain of Hope**

475 Berger Road

Paducah, KY 42003

270-443-2686

#### **Merit Behavioral Associates**

100 Fountain Avenue, Suite 205

Paducah, KY 42001

270-442-1970

#### **Emerald Therapy**

111 Poplar Street, Suite 104

Murray, KY 42071

270-534-5128 opt. 8

#### **Williams Christian Counseling**

253 Wyatt Road

Mayfield, KY 42066

270-247-5667

#### **Emerald Therapy**

Village Square Location

5050-B Village Square Drive

Paducah, KY 42001

270-534-5128 opt. 6

Living Well Center

2327 New Holt Road

Paducah, KY 42001

270-534-5128 opt. 5

Information Age

1640 McCracken Boulevard

Paducah, KY 42001

270-534-5128 opt. 7

# Senior Citizen Centers

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Services are provided through Senior Citizens Centers located in each county and serve as a focal point for information, services, and advocacy for seniors, as well as, a wide range of recreational, social, and volunteer opportunities. Nutrition Services program provides congregate and home-delivered noon meals prepared and delivered throughout the region. Health Promotion Services provides education and assistance in the health promotion areas related to Mental Health and Medication Management.

## **BALLARD COUNTY**

58 Moore Blvd, P.O. Box 508  
Barlow, KY 42024  
270-334-3115

## **GRAVES COUNTY**

901 N 15th St,  
Mayfield, KY 42066  
270-247-2566

## **CALLOWAY COUNTY**

607 Poplar St.  
Murray, KY 42071  
270-753-0929

## **HICKMAN COUNTY**

212 E. North St.  
Clinton, KY 42031  
270-653-4314

## **CARLISLE COUNTY**

261 Front Street  
Bardwell, KY 42023  
270-628-5474

## **MARSHALL COUNTY**

1713 Golf Course Rd  
Benton, KY 42025  
270-527-9860

## **FULTON COUNTY**

**Fulton City Location**  
109 Commercial Ave  
Fulton, KY 42041  
(270) 472-2900

## **McCRACKEN COUNTY**

1400 H.C. Mathis Dr.  
Paducah  
270-443-8579

## **Hickman City Location**

1019 Moscow Avenue  
Hickman, KY 42050  
270-236-2826



# Specialized Services

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## Funeral Homes

### **BALLARD COUNTY**

#### **Milner & Orr Funeral Home**

1079 Court Street  
Wickliffe, KY 42087  
270-335-3377

#### **Morrow Funeral Home**

376 West Kentucky Drive  
La Center, KY 42056  
270-665-9222

### **CALLOWAY COUNTY**

#### **Imes Funeral Home & Crematory**

3111 North 4<sup>th</sup> Street  
Murray, KY 42071  
270-753-7000

#### **J.H. Churchill Funeral Home**

201 South 3<sup>rd</sup> Street  
Murray, KY 42071  
270-753-2411

### **CARLISLE COUNTY**

#### **Milner & Orr Funeral Home – Bardwell**

41 US-51  
Bardwell, KY 42023  
270-628-5497

#### **Milner & Orr Funeral Home – Arlington**

501 Walnut Street  
Arlington, KY 42021  
270-655-6990

### **FULTON COUNTY**

#### **Hornbeck Funeral Chapel**

302 Carr Street  
Fulton, KY 42041  
270-472-1412

#### **Strong Funeral Home**

903 Broadway Street  
Hickman, KY 42050  
270-236-2820

### **GRAVES COUNTY**

#### **Brown Funeral Home**

1223 West Broadway  
Mayfield, KY 42066  
270-247-0077

#### **Byrn Funeral Home**

1020 Paris Road  
Mayfield, KY 42066  
270-247-3592

### **HICKMAN COUNTY**

#### **Brown Funeral Home**

420 Mayfield Road  
Clinton, KY 42031  
270-653-2941

### **MARSHALL COUNTY**

#### **Collier Funeral Home**

211 West 5<sup>th</sup> Street  
Benton, KY 42025  
270-527-3141

#### **Filbeck-Cann Funeral Home**

1117 Poplar Street  
Benton, KY 42025  
270-527-3281

# Specialized Services

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## **McCRACKEN COUNTY**

### **Cremation Society of Paducah**

2001 Park Avenue  
Paducah, KY 42001  
270-443-5132

### **Lindsey Funeral Home**

226 North 4<sup>th</sup> Street  
Paducah, KY 42001  
270-443-2489

### **Keeling & Goodman Funeral Home**

2410 Jackson Street  
Paducah, KY 42003  
270-443-7991

### **Hughes Funeral Home**

2975 Old Husbands Road  
Paducah, KY 42003  
270-415-1885

### **Milner & Orr Funeral Home**

Lone Oak Location  
3745 Old US Highway 45-South  
Paducah, KY 42003  
270-534-4200

Paducah Location  
120 Memorial Drive  
Paducah, KY 42001  
270-442-5100

## **Recreational Fitness**

## **CALLOWAY COUNTY**

### **Center for Health & Wellness**

716 Poplar Street  
Murray, KY 42071  
270-762-1348

*Classes include but are not limited to aquatics, massage therapy, group fitness, chair yoga, spin cycle.*

## **GRAVES COUNTY**

### **YMCA**

1545 Cuba Road  
Mayfield, KY 42066  
270-247-0049

*Classes include but are not limited to Silver Sneakers, Zumba, yoga, and Geri Fitness.*

## **FULTON COUNTY**

### **Willingham Community Center**

210 Carr Street  
Fulton, KY 42041  
270-472-3510

*Classes include but are not limited to Silver Sneakers, Silver & Fit, and Renew Active.*

## **McCRACKEN COUNTY**

### **Paducah Athletic Club**

115 Lebanon Church Road  
Paducah, KY 42003  
270-554-2582

*Classes include but are not limited to Aqua Zumba, water aerobics, and Silver Sneakers.*

# Support Groups

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## **Alzheimer's**

### **Alzheimer's Association**

24/7 Helpline  
800-272-3900  
alz.org

### **Mercy Health - Lourdes Hospital**

1530 Lone Oak Road  
Paducah, KY 42003  
Contact: Angie Day  
618-697-1705  
Meets third Thursday each month, 11:00AM

### **Murray-Calloway County Senior Center**

607 Poplar Street  
Murray, KY 42071  
Contact: Dacia Barger  
270-753-0929  
Meets second Thursday each month, 10:00AM

### **MCCH's Group at the Murray-Calloway County Senior Center**

607 Poplar Street  
Murray, KY 42071  
Contact: Karen Ellis  
270-762-1224  
Meets first Thursday each month, 10:00AM

### **MCCH's Group at the Marshall County Public Library @ Benton**

1150 Birch Street  
Benton, KY 42025  
Contact: Karen Ellis  
270-762-1224  
Meets first Wednesday each month, 10:00AM

## **Breast Cancer**

### **Mercy Health - Lourdes Hospital**

1530 Lone Oak Road  
Paducah, KY 42003  
270-442-1310  
Meets third Tuesday each month, 5:30PM

## **ALS Lou Gehrig's**

### **MCCH Center for Health and Wellness**

716 Poplar Street  
Murray, KY 42071  
Contact: Mitzi Cathey  
270-293-1748  
Meets third Wednesday each month, 6:00PM

## **Addiction**

### **Al-Anon Meetings**

1-888-425-2666  
al-anon.org

### **Alcoholics Anonymous**

Western Kentucky Intergroup of Alcoholics Anonymous  
1-800-606-6047  
wkintergroup.org

### **Celebrate Recovery**

celebraterecovery.com

### **Reformers Unanimous**

rurecovery.com

## **Arthritis**

### **Baptist Health Paducah**

2501 Kentucky Avenue  
Paducah, KY 42001  
In the Conference Room  
270-575-2721  
Meets first Monday each month, 12:00PM

## **Cancer**

### **Murray-Calloway County Hospital**

803 Poplar Street  
Murray, KY 42071  
Contact: Evelyn Wallis  
270-978-0693

# Support Groups

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## **Grief**

### **Compassionate Friends**

*This group is for parents who have lost a child from birth to an adult.*

Murray-Calloway Co. Hospital West Entrance.

Dalton Conference Room

803 Poplar Street

Murray, KY 42071

Contact Kerry Lambert, Staff Chaplain

270-762-1274

Meets fourth Thursday each month, 7:00PM

### **Griefshare**

Heartland Paducah

4777 Alben Barkley Drive

Paducah, KY 42001

270-534-1400

Meets Wednesdays, 6:30-8:00PM

For other meetings:

800-395-5755

Griefshare.org

### **Grief Recovery Outreach Program**

*An 8-week class scheduled for winter (Jan.-Feb.), spring (March-May), and fall (Sep.-Nov.).*

Contact Kerry Lambert, Staff Chaplain

270-762-1274

## **Parkinson's Disease**

### **Murray-Calloway County Hospital**

803 Poplar Street

Murray, KY 42071

In the Kelleher Room

270-753-0929

Meets second and fourth Tuesday each month,  
11:00AM

# Transportation – Public Transit

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## Paducah Area Transit System (PATS)

Since 1981, PATS has been the choice for thousands of citizens for their transportation needs as a coordinated transportation provider. PATS' primary operating authority is for McCracken, Ballard, Marshall, and northern Graves counties. We are committed to providing safe, reliable, and essential transportation services to the citizens within our region, especially underprivileged, isolated, and senior citizens. We do more than just getting people there. We strive to provide safe, comfortable, and timely service. We recognize that "customer service" is not just a slogan; it is the heart of our business of serving people. Every client is valued and treated with the utmost respect and care. Our goal and purpose is to assist the general public in providing transportation to meet their physical, communal, and emotional needs and to be a working partner for the residents of western Kentucky.

850 Harrison Street  
Paducah, KY 42001  
270-444-8700  
TTY: 877-828-7287  
[www.paducahtransit.com](http://www.paducahtransit.com)

## Fulton County Transit Authority (FCTA)

The FCTA is a local, public transit agency serving the residents of Fulton, Hickman, Carlisle, and Graves counties in western Kentucky, offering the following transportation:

- **Demand-Response:** available to the general public in FCTA operating counties. This transportation is fare-based, whether a standard rate or mileage. FCTA offers reduced rates for Ride-Along trips and children, ages 5 and under. FCTA offers a Senior Half-Price Day to seniors ages 55+ on the third Tuesday of each month.
- **Non-Emergency Medical Transportation:** medical transportation available to qualifying Medicaid recipients, as determined by the Region 1 Medicaid Transportation Broker.
- **Intercity:** transportation to/from non-urbanized areas which connect with larger, regional and national bus services and rail services. FCTA is a local bus stop and ticket agent for Miller Transportation/Greyhound bus lines, as well as a transportation provider to the local Amtrak station in Fulton, KY.

302 Eastwood Drive  
Fulton, KY 42041-1601  
Toll-Free: 1-800-247-2025  
[www.fultontransit.com](http://www.fultontransit.com)

# Transportation – Public Transit

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## **Murray-Calloway County Transit Authority**

Murray-Calloway Transit Authority has established itself as a dependable, cost-effective service within the community. Our mission is to provide safe public transportation for people of Murray-Calloway County for educational, medical, recreational, and health care needs. The Murray-Calloway County Transit Authority desires to make transportation accessible for local residents and businesses to operate and improve their way of life. The Murray-Calloway Transit Authority is a special asset to Murray-Calloway County. We are particularly relevant in today's society because we fill a void in the community and region. The Purchase Area Regional Transportation group works together to identify unmet public transportation needs in our region.

1111 Transit Way  
Murray, KY 42071  
270-753-9725  
mcta@murray-ky.net  
[www.murraytransit.com](http://www.murraytransit.com)

## **Made to Stay**

Made to Stay is a member-driven, nonprofit organization addressing the current and unfolding challenges of aging. They enrich lives by providing the connections, education, and support to seniors in our community, enabling them to age confidently in their own homes and on their own terms. Membership fees are \$360 per year for one individual. Services include transportation, escorted transportation, small home repairs, small yard work jobs, technical assistance (e.g., computers, TV, phones), home office and financial organization, home organization, social events, and wellness and fitness. This is not a homecare service, so services do not include sitting, nursing support, personal care (i.e., bathing, feeding, or dressing), or administering medication.

Contact Sarah Walker  
At the Paducah-McCracken County Senior Center  
1400 HC Mathis Drive  
Paducah, KY 42001  
270-331-9288  
Madetostay.org

## **Four Rivers Transportation Services**

A Non-Emergency Medical Transportation Company. They transport clients to and from doctors' appointments, dialysis appointments, hospital stays, adult daycare, and more. They treat every client like family and not like a number. Their wheelchair vans are equipped with ADA approved lifts and ramps, ample heating and air conditioning. They also transport to hospitals and doctor's offices in Louisville, Lexington and Nashville. They accept Medicaid and private pay clients and are hoping to accept Medicare clients soon.

Main Office  
425 Broadway  
Paducah, KY 42001  
270-442-7121, ext. #202

- A 24-hour notice is required for all medical trips.
- A 4-day notice is required for all personal errand trips.
- All trips are to be paid in advance to the main office or to the driver upon completion of the trip.

# Veteran Services

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## **Veteran's Benefits for Elderly Veterans**

The US Department of Veterans Affairs provides many benefits to elderly and disabled individuals with service connected or non-service-related needs. Elderly veterans may be eligible for a wide variety of benefits available to all US military veterans. VA benefits include disability compensation, pension, education and training, health care, vocational rehabilitation and employment, dependents benefits, home loans, insurance, and burial. Other benefits are also available. The VA and Kentucky Department of Veterans Affairs may be able to help arrange for long-term care beds at Kentucky Veterans facilities and some local facilities.

### **Centerstone Military Services**

Village Square Drive  
Paducah, KY 42001  
270-349-9731

*Housing, financial, legal, and transportation services for homeless and low-income veterans and their families.*

### **Kentucky Career Center**

Paducah Career Center  
416 South 6<sup>th</sup> Street  
Paducah, KY 42003  
270-575-7000

### **Veteran's Medical Clinics**

#### **GRAVES COUNTY**

1253 Paris Road, Suite A  
Mayfield, KY 42066  
270-247-2455

### **Veteran's Support**

#### **American Legion**

310 Bee Creek Drive  
Murray, KY 42071  
270-761-8728

#### **Carol Livingston, Veterans Benefits Field Representative, Kentucky Department of Veterans Affairs (KDVA)**

270-247-8465, ext. 53239  
Email: carol.livingston@ky.gov

### **Disabled American Veterans**

*Primary referral for any veteran or spouse needing to file or needing assistance with a VA claim.*

1133 Murray Street  
Paducah, KY 42003  
270-444-9808

### **Kentucky Department of Veterans Affairs**

2620 Perkins Creek Drive  
Paducah, KY 42001  
270-556-0474

### **McCRACKEN COUNTY**

2620 Perkins Avenue  
Paducah, KY 42003  
270-444-8465

### **Veterans of Foreign Wars**

1727 Washington Street  
Paducah, KY 42003  
270-442-6783

# **Index of Agencies and Organizations by Facility Location**

## **BALLARD COUNTY**

Ballard Senior Apartments.....	pg. 37	KentuckyCare Clinic - County Location...	pg. 12
Ballard-Carlisle County Public Library.....	pg. 20	Life Care Center at LaCenter.....	pg. 42
County Fiscal Court.....	pg. 41	Milner & Orr Funeral Home.....	pg. 49
County Health Department.....	pg. 13	Morrow Funeral Home.....	pg. 49
County Mayors.....	pg. 41	Premier Physical Therapy.....	pg. 10
County Office of the Department of Community Based Services.....	pg. 8, 22	St. Mary Food Pantry.....	pg. 24
County Senior Citizens Center.....	pg. 48	Sutton Drugs of LaCenter.....	pg. 43
Four Rivers Behavioral Health County Office.....	pg. 15, 46	West KY Allied Services.....	pg. 24, 29
Great River Pharmacy.....	pg. 43	KentuckyCare Clinic - County Location....	pg. 12

## **CALLOWAY COUNTY**

American Legion.....	pg. 55	Brookdale of Murray.....	pg. 9
Angel's Attic Thrift Shop.....	pg. 31	Center for Accessible Living.....	pg. 16
Atlas Physical Therapy.....	pg. 10	Center for Health & Wellness.....	pg. 50, 51
Audibel Hearing Center.....	pg. 43	CenterWell Home Health.....	pg. 34
Audiology & Hearing Center.....	pg. 43	Charter Senior Living of Murray.....	pg. 9
Behavioral Management, LLC.....	pg. 47	County Fiscal Court.....	pg. 41
Behavioral Support Service, LLC.....	pg. 16	County Health Department.....	pg. 13
Beltone Hearing Care Center.....	pg. 43	County Mayors.....	pg. 41
Black Pearl Home Care.....	pg. 40	County Office of the Department of Community Based Services.....	pg. 8, 22
Brookdale of Murray.....	pg. 9	County Public Library.....	pg. 20
Center for Accessible Living.....	pg. 16	County Senior Citizens Centers.....	pg. 48, 51
Center for Health & Wellness.....	pg. 50, 51	Danette Morton-Page Counseling.....	pg. 47
CenterWell Home Health.....	pg. 34	Emerald Therapy.....	pg. 47
Charter Senior Living of Murray.....	pg. 9	First United Methodist Church.....	pg. 24
County Fiscal Court.....	pg. 41	Four Rivers Behavioral Health Lakes Center.....	pg. 15, 46
American Legion.....	pg. 55	Generations Adult Day Services.....	pg. 7, 16
Angel's Attic Thrift Shop.....	pg. 31	Glendale Road Church of Christ.....	pg. 24
Atlas Physical Therapy.....	pg. 10	H2 Health Physical Therapy.....	pg. 10
Audibel Hearing Center.....	pg. 43	Hickory Woods Senior Living.....	pg. 9
Audiology & Hearing Center.....	pg. 43	Hope Calloway.....	pg. 31
Behavioral Management, LLC.....	pg. 47	HOPE Calloway's The Gentry House.....	pg. 38
Behavioral Support Service, LLC.....	pg. 16	Housing Authority of Murray.....	pg. 37
Beltone Hearing Care Center.....	pg. 43	Imac Center of Murray.....	pg. 10
Black Pearl Home Care.....	pg. 40	Imes Funeral Home & Crematory.....	pg. 49



# **Index of Agencies and Organizations by Facility Location**

J.H. Churchill Funeral Home..... pg. 49	Salvation Army - Calloway County Service Unit..... pg. 30
KentuckyCare Clinic - County Location..... pg. 12	Soup For the Soul..... pg. 24
Kirksey United Methodist Church..... pg. 24	Spring Creek Healthcare..... pg. 42
Legacy Oxygen & Medical Equipment..... pg. 43	Stone-Lang Company..... pg. 43
Life House Care Center..... pg. 10	Thriving at Home..... pg. 40
Miracle-Ear Hearing Aid Center..... pg. 43	United Way..... pg. 31
Murray Lions Club..... pg. 31	University Church of Christ..... pg. 24
Murray-Calloway County Hospital..... pg. 35, 36, 46, 51, 52	Walter's Family Pharmacy..... pg. 43
Murray-Calloway County Needline..... pg. 24, 31	WATCH, Inc..... pg. 16
Murray-Calloway County Transit Authority..... pg. 54	Wesley at Murray..... pg. 37
Pharmacy, Inc..... pg. 43	West KY Allied Services..... pg. 29
Rotech of Western KY..... pg. 43	

## **CARLISLE COUNTY**

Bardwell Baptist Church..... pg. 25	County Mayors..... pg. 41
Bardwell Pharmacy..... pg. 43	County Office of the Department of Community Based Services..... pg. 8, 22
Bethlehem Baptist Church..... pg. 25	County Senior Citizens Center..... pg. 48
Countryside Center for Rehab & Nursing.. pg. 42	KentuckyCare Clinic - County Location.... pg. 12
County Fiscal Court..... pg. 41	MedCare Pharmacy & Home Medical..... pg. 43
County Health Department..... pg. 13	Milburn United Methodist Church ..... pg. 25

## **FULTON COUNTY**

Alternative Resources for Kentucky (ARK)..... pg. 25	Fulton Manor Senior Apartments..... pg. 37
County Fiscal Court..... pg. 41	Fulton Nursing & Rehab..... pg. 42
County Health Department - Fulton City Location..... pg. 13	Hornbeck Funeral Home..... pg. 49
County Health Department - Hickman City Location..... pg. 13	Housing Authority of Fulton..... pg. 37
County Mayors..... pg. 41	Housing Authority of Hickman..... pg. 37
County Office of the Department of Community Based Services..... pg. 8, 22	Ken-Tenn Food Bank..... pg. 25
County Public Library..... pg. 20	KentuckyCare Clinic - County Location..... pg. 12
County Senior Citizens Centers..... pg. 48	Stone-Lang Company..... pg. 43
Evans Drug Company, PLLC..... pg. 43	Strong Funeral Home..... pg. 49
Evans Total Care LLC..... pg. 43	West KY Allied Services..... pg. 29
Four Rivers Behavioral Health County Office..... pg. 15, 46	Willingham Community Center..... pg. 50
Fulton County Transit Authority (FCTA)..... pg. 53	

# **Index of Agencies and Organizations by Facility Location**

## **GRAVES COUNTY**

Annie Gardner Foundation.....	pg. 31	Housing Authority of Mayfield.....	pg. 37
Area Agency on Aging & Independent Living.....	pg. 14, 19, 21, 39	Jackson Purchase Medical Center.....	pg. 36, 46
Atlas Physical Therapy.....	pg. 10	JU Kevil Memorial Foundation.....	pg. 16, 19
Brown Funeral Home.....	pg. 49	KentuckyCare Clinic - County Location & Pharmacy.....	pg. 12, 44
Bungalows at Mayfield.....	pg. 9	Lifeline of Jackson Purchase.....	pg. 34
Byrn Funeral Home.....	pg. 49	Lighthouse Women Shelter.....	pg. 38
CenterWell Home Health.....	pg. 34	Mayfield First Assembly of God.....	pg. 31
Core Physical Therapy.....	pg. 10	Mayfield Plaza Apartments.....	pg. 37
County Fiscal Court.....	pg. 41	Mayfield-Graves County Needline & Food Pantry.....	pg. 25
County Health Department.....	pg. 13	Mercy Health Homecare & Hospice.....	pg. 34
County Mayors.....	pg. 41	Mercy Health.....	pg. 35
County Office of the Department of Community Based Services.....	pg. 8, 22	Mills Health & Rehab.....	pg. 42
County Public Library.....	pg. 20	Operation Not 1 Missed.....	pg. 25
County Senior Citizens Center.....	pg. 48	Purchase Area Development District .....	pg. 28
Duncan Clinic Pharmacy.....	pg. 44	Salvation Army - Graves County Service Unit.....	pg. 30
Emerald Therapy.....	pg. 47	Social Security Administration Office.....	pg. 23
Enon Baptist Church.....	pg. 25	St. Vincent de Paul Society.....	pg. 25
Fern Terrace of Mayfield.....	pg. 9	Stone's Health Mart Pharmacy.....	pg. 44
First Assembly of God.....	pg. 25	Veteran's Affairs Medical Clinic.....	pg. 55
Four Rivers Behavioral Health William H. Fuller Substance Abuse Center.....	pg. 15, 46	West KY Allied Services.....	pg. 29
Gibson's Pharmacy.....	pg. 44	Williams Christian Counseling.....	pg. 47
Green Acres Healthcare.....	pg. 42	YMCA.....	pg. 50
His Hands Ministries.....	pg. 25		

---

## **HICKMAN COUNTY**

Brown Funeral Home.....	pg. 49	County Health Department.....	pg. 13
Byassee Drugs.....	pg. 44	County Mayors.....	pg. 41
Clinton Family Care.....	pg. 10	County Memorial Library.....	pg. 20
Clinton Pharmacy.....	pg. 44	County Office of the Department of Community Based Services.....	pg. 8, 22
Clinton Place.....	pg. 42	County Public Library.....	pg. 20
Clinton-Hickman County ICF.....	pg. 42	County Senior Citizens Center.....	pg. 48
County Fiscal Court.....	pg. 41	Henley Park Apartments.....	pg. 37

# **Index of Agencies and Organizations by Facility Location**

---

Jackson Purchase Primary Care Clinton  
Clinic..... pg. 10  
KentuckyCare Clinic - County Location..... pg. 12  
Mission House..... pg. 26

---

Salvation Army - Hickman County Service  
Unit..... pg. 30  
West KY Allied Services..... pg. 29

---

## **MARSHALL COUNTY**

At Home Medical..... pg. 44  
Atlas Physical Therapy..... pg. 10  
Bags of Hope..... pg. 26  
Benton Pharmacy..... pg. 44  
Calvert City Convalescent Center..... pg. 42  
Calvert City Pharmacy..... pg. 44  
Central Church of Christ..... pg. 26  
Collier Funeral Home..... pg. 49  
County Fiscal Court..... pg. 41  
County Health Department..... pg. 13  
County Mayors..... pg. 41  
County Office of the Department of Community  
Based Services..... pg. 8, 22  
County Public Library - Benton Location.....  
pg. 20, 51  
County Public Library - Calvert City..... pg. 20  
County Public Library - Hardin..... pg. 20  
Draffenville Pharmacy..... pg. 44  
Filbeck-Cann Funeral Home..... pg. 49  
God's Promises Ministry..... pg. 31

---

Helping Hands (Three Crosses)..... pg. 26  
Housing Authority of Benton..... pg. 37  
J&R Pharmacy of Benton..... pg. 44  
J&R Pharmacy of Draffenville..... pg. 44  
Lakeland Wesley Village..... pg. 37  
Lakeway Nursing & Rehab..... pg. 42  
LIFE Coordinated..... pg. 40  
Marcella's Kitchen..... pg. 26  
Marshall County Caring Needline..... pg. 26  
Marshall County Hospital..... pg. 36  
Miracle-Ear Hearing Aid Center..... pg. 44  
Oakview Nursing & Rehabilitation Center.....  
pg. 42  
Open Hearts Food Pantry..... pg. 26  
Pro Physical Therapy..... pg. 10  
Stilley House..... pg. 9  
Third Place Ministries..... pg. 31  
West KY Allied Services..... pg. 29  
Helping Hands (Three Crosses)..... pg. 26

---

## **MCCRACKEN COUNTY**

American Red Cross - Western KY  
Chapter..... pg. 32  
Atlas Physical Therapy..... pg. 11  
Audibel Hearing Center..... pg. 45  
Audiology & Hearing Center..... pg. 45  
Baptist Health Home Care..... pg. 34  
Baptist Health Physical Therapy..... pg. 11  
Baptist Health..... pg. 35, 36, 51  
  
Behavioral Management, LLC..... pg. 47  
Beltone Hearing Care Center..... pg. 45  
Black Pearl Home Care..... pg. 40  
Brightmore Home Care of Kentucky United  
Energy Workers Healthcare..... pg. 34  
Davis Drugs..... pg. 45  
Disabled American Veterans..... pg. 55

Cassidy's Cause Therapeutic Riding  
Academy..... pg. 17  
Centerstone Military Services..... pg. 55  
Charter Senior Living of Paducah..... pg. 9  
Community Kitchen..... pg. 27  
Compass Counseling, LLC..... pg. 47  
Core Physical Therapy..... pg. 11  
County Fiscal Court..... pg. 41  
County Office of the Department of Community  
Based Services..... pg. 8, 22  
County Public Library..... pg. 20  
County Senior Citizens Centers..... pg. 48, 54  
  
Cremation Society of Paducah..... pg. 50  
Lone Oak Church of Christ..... pg. 26  
Lone Oak Manor Apartments..... pg. 38

# **Index of Agencies and Organizations by Facility Location**

- Easter Seals Adult Day Services..... pg. 7, 17, 19  
Emerald Therapy..... pg. 47  
Family Service Society..... pg. 26, 32  
Four Rivers Behavioral Health Corporate Offices  
& Center for Adult Services..... pg. 15, 33  
Four Rivers Transportation Services..... pg. 54  
Gaither Suites at West Park..... pg. 9  
Giving Home Health Care..... pg. 34  
Golden Years Home Care..... pg. 40  
Heart USA..... pg. 21  
Heartland Paducah..... pg. 52  
Highland Baptist Church..... pg. 26  
Holiday Jackson Oaks..... pg. 9
- Home Instead..... pg. 40  
Housing Authority of Paducah..... pg. 37  
Hughes Funeral Home..... pg. 50  
Imac Regeneration Center of Paducah..... pg. 11  
Irvin Cobb Apartments..... pg. 38  
Jackson House Apartments W.B. Sanders  
Retirement Center ..... pg. 38  
Keeling & Goodman Funeral Home..... pg. 50  
Kentucky Cancer Program..... pg. 11  
Kentucky Career Center..... pg. 18, 55  
Kentucky Department of Veterans Affairs... pg. 55  
KentuckyCare Clinic - Paducah Main  
Location..... pg. 12  
KentuckyCare Clinic - Paducah Pharmacy. pg. 12  
KentuckyCare Clinic - Paducah South  
Location..... pg. 12  
Lakes of Paducah..... pg. 9  
Legacy Oxygen & Medical Equipment..... pg. 45  
Lincare..... pg. 45  
Linsey Funeral Home..... pg. 50  
LivWell Community Health Services - Heartland  
CARES, Inc..... pg. 11  
LivWell Medical Clinic..... pg. 26  
LivWell Prevention & Outreach Clinic... pg. 26, 32  
Rotech of Western KY..... pg. 45  
Salvation Army - Paducah Corps..... pg. 30
- Senior Helpers..... pg. 40
- Lone Oak Pharmacy..... pg. 45  
Lourdes Behavioral Health Institute..... pg. 46  
Lourdes Urgent Care..... pg. 11
- Love, Right at Home, LLC..... pg. 40  
McAuley Manor - Mercy Housing..... pg. 38  
Meal & Tolar Impairment Specialists..... pg. 11  
MedCare Home Medical..... pg. 45  
Mercy Health-Lourdes Hospital.... pg. 35, 36, 50  
Merit Behavioral Associates..... pg. 47  
Merryman House Domestic Crisis Center. pg. 38  
Milner & Orr Funeral Home..... pg. 50  
Miracle-Ear Hearing Aid Center..... pg. 45  
Mountain Comprehensive Care Center -  
Paducah Outpatient Clinic & Mountain of  
Hope..... pg. 47  
Neighborhood at Paducah..... pg. 9  
Operation Hope..... pg. 32  
Orr Medical..... pg. 45  
Paducah Area Transit System (PATs)..... pg. 53
- Paducah Athletic Club..... pg. 50  
Paducah Cooperative Ministry..... pg. 26  
Paducah Mayor..... pg. 41  
Paducah Nurses Registry Inc..... pg. 34  
Parkview Nursing & Rehabilitation Center. pg. 42
- PCM Professional Case Management..... pg. 34  
Pharmacy, Inc..... pg. 45
- Providence Pointe Healthcare..... pg. 42  
Purchase District Health Department..... pg. 13  
Purchase Ear Technology..... pg. 45  
Reidland Pharmacy..... pg. 45  
Rick's Pharmacy..... pg. 45
- River City Mission..... pg. 26  
River Crest Place..... pg. 9  
River Haven Nursing & Rehabilitation..... pg. 42  
Stone-Lang Company..... pg. 45  
Strawberry Hills Pharmacy..... pg. 45  
United Way of Paducah-McCracken  
County..... pg. 32

# **Index of Agencies and Organizations by Facility Location**

Senior Medicare Patrol (SMP).....	pg. 21	Veterans Affairs Medical Clinic.....	pg. 55
Social Security Administration Office.....	pg. 23	Veterans of Foreign Wars.....	pg. 55
St Vincent de Paul Help Center.....	pg. 26, 32	West KY Allied Services.....	pg. 29
Stonecreek Health & Rehab.....	pg. 42	West Towne Pharmacy.....	pg. 45

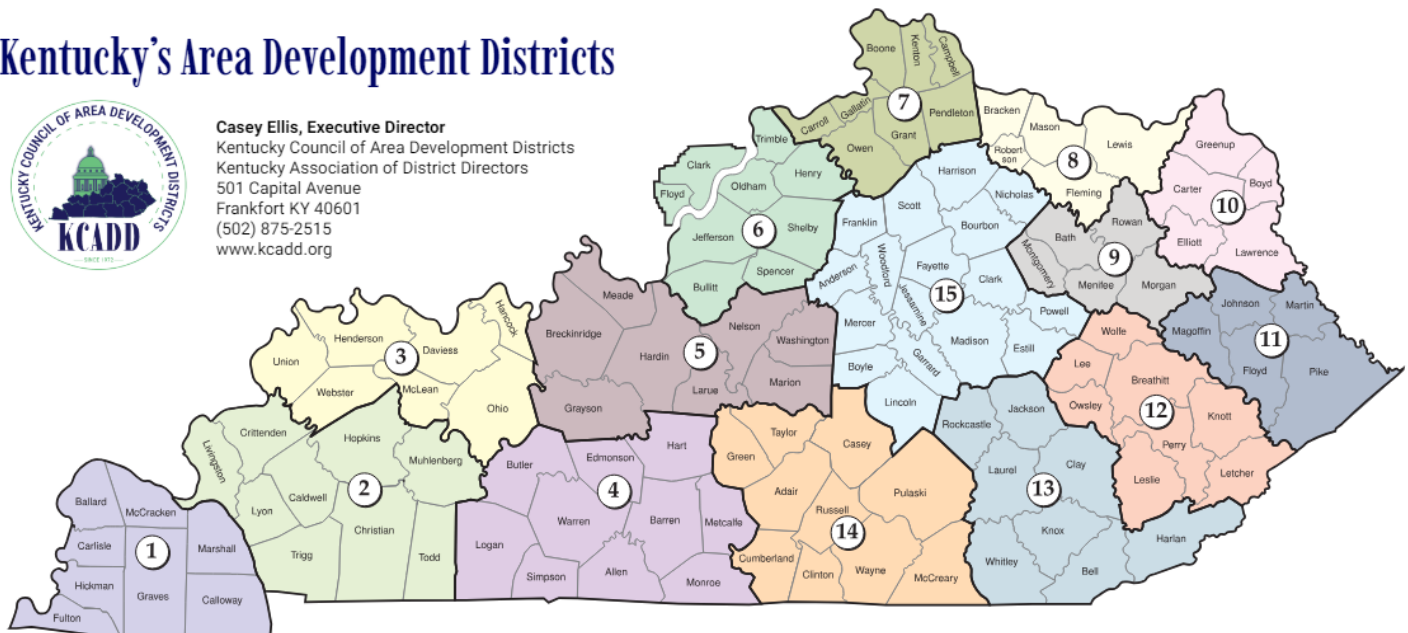
# Area Development Districts (ADDs)

ADDs are partnerships of and provide resources to the local counties and cities in their regions. They perform a host of critical functions that positively affect quality of life and economic development. They are partners with numerous state and federal agencies, obtaining & administering grants for programs. Such programs and activities include: local and regional planning, transportation, workforce development, programs for senior citizens, development and administration of grants, data centers, community development, business loans, GIS mapping, economic development, and water quality. They are governed by volunteer boards of directors composed of elected officials and business/community leaders. They are recognized for their fiscal responsibility and outstanding capabilities in professional program management. There are 15 ADDs in Kentucky, each representing a multi-county planning district. Each of the Commonwealth's 120 counties falls within an ADD region.

## Kentucky's Area Development Districts



**Casey Ellis, Executive Director**  
 Kentucky Council of Area Development Districts  
 Kentucky Association of District Directors  
 501 Capital Avenue  
 Frankfort KY 40601  
 (502) 875-2515  
[www.kcadd.org](http://www.kcadd.org)



**1.) PURCHASE**  
 Jeremy Buchanan, Exec. Dir.  
 1002 Medical Drive  
 Mayfield, KY 42066  
 (270) 247-7171  
[www.purchaseadd.org](http://www.purchaseadd.org)

**2.) PENNYRILE**  
 Jason Vincent, Exec. Dir.  
 300 Hammond Drive  
 Hopkinsville, KY 42240  
 (270) 886-9484  
[www.peadd.org](http://www.peadd.org)

**3.) GREEN RIVER**  
 Joanna Shake, Exec. Dir.  
 300 GRADD Way  
 Owensboro, KY 42301-0200  
 (270) 926-4433  
[www.gradd.org](http://www.gradd.org)

**4.) BARREN RIVER**  
 Eric Sexton, Exec. Dir.  
 177 Graham Avenue  
 Bowling Green, KY 42101  
 (270) 781-2381  
[www.bradd.org](http://www.bradd.org)

**5.) LINCOLN TRAIL**  
 Daniel London, Exec. Dir.  
 750 South Provident Way  
 Elizabethtown, KY 42701  
 (270) 769-2393  
[www.ltadd.org](http://www.ltadd.org)

**6.) KIPDA**  
 Jarrett Haley, Exec. Dir.  
 11520 Commonwealth Drive  
 Louisville, KY 40299  
 (502) 266-6084  
[www.kipda.org](http://www.kipda.org)

**7.) NORTHERN KENTUCKY**  
 Tara Johnson-Noem, Exec. Dir.  
 22 Spiral Drive  
 Florence, KY 41042  
 (859) 283-1885  
[www.nkadd.org](http://www.nkadd.org)

**8.) BUFFALO TRACE**  
 Amy Kennedy, Exec. Dir.  
 201 Government Street  
 Maysville, KY 41056  
 (606) 564-6894  
[www.btadd.com](http://www.btadd.com)

**9.) GATEWAY**  
 Joshua Farrow, Exec. Dir.  
 110 Lake Park Drive  
 Morehead, KY 40351  
 (606) 780-0090  
[www.gwadd.org](http://www.gwadd.org)

**10.) FIVCO**  
 Lance Hanshaw, Exec. Dir.  
 32 FIVCO Court  
 Grayson, KY 41143  
 (606) 929-1366  
[www.fivco.org](http://www.fivco.org)

**11.) BIG SANDY**  
 Eric Ratliff, Exec. Dir.  
 110 Resource Court  
 Prestonsburg, KY 41653  
 (606) 886-2374  
[www.bigsandy.org](http://www.bigsandy.org)

**12.) KENTUCKY RIVER**  
 Michelle Allen, Exec. Dir.  
 941 North Main Street  
 Hazard, KY 41701  
 (606) 436-3158  
[www.kradd.org](http://www.kradd.org)

**13.) CUMBERLAND VALLEY**  
 Whitney Chesnut, Exec. Dir.  
 342 Old Whitley Road  
 London, KY 40743-1740  
 (606) 864-7391  
[www.cvadd.org](http://www.cvadd.org)

**14.) LAKE CUMBERLAND**  
 Waylon Wright, Exec. Dir.  
 2384 Lakeway Drive  
 Russell Springs, KY 42642  
 (270) 866-4200  
[www.lcadd.org](http://www.lcadd.org)

**15.) BLUEGRASS**  
 David Duttlinger, Exec. Dir.  
 699 Perimeter Drive  
 Lexington, KY 40517  
 (859) 269-8021  
[www.bgadd.org](http://www.bgadd.org)

Source: Kentucky Council of Area Development Districts, [kcadd.org](http://kcadd.org)



The 2024-2025 Resource Directory has been developed by the Purchase Area Development District's Area Agency on Aging & Independent Living as a guide to assist individuals and agencies with identification and location of the most appropriate services to assist the needs of most seniors and individuals of all ages with disabilities.

This directory may not answer all of your questions, but it will put you in touch with a wide range of agencies throughout the Purchase Region including Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Marshall, and McCracken counties.

Every effort has been made to include correct information on all agencies listed. Please let us know if any errors or omissions are found. Corrections will be made to the online, electronic document.

Copies, including Braille  
editions are available at:

Purchase Area Development District  
Area Agency on Aging & Independent Living  
1002 Medical Drive  
Mayfield, KY 42066  
Phone: 270-247-7171  
Toll-Free: 1-800-866-4213

This resource directory is funded, in part, under a contract with the Kentucky Cabinet for Health and Family Services, Dept for Aging and Independent Living with funds from the Administration on Aging of the US Dept of Health and Human Services.



## **For 24 Hour Emergency Assistance**

Fire, Police, Ambulance,  
Disaster and Rescue  
DIAL 911

Abuse/Neglect Hotline  
KY Cabinet for Health & Family Services  
1-877-597-2331

Kentucky Regional  
Poison Control Center  
1-800-222-1222  
[www.krpc.com](http://www.krpc.com)

National Domestic  
Violence Hotline  
1-800-799-7233

Spouse Abuse  
Domestic Violence Hotline  
Merryman House  
Serves the Purchase Area  
1-800-585-2686

Mental Health Crisis &  
Emergency Services  
Four Rivers Behavioral Health  
1-800-592-3980

National Suicide Prevention Lifeline  
1-800-TALK (8255)

Rape Crisis Center  
24 Hour Crisis Line  
270-534-4422  
1-800-928-7273